

BULLETIN & REVIEW

ARTS ALIVE

NOVEMBER 10, 11, 12, 1990

A Jewish Cultural Festival & Book Fair held annually in celebration of Jewish Book Month

NEAL GABLER *featuring*
Hy Hochberg Memorial Lecture



How the Jews Invented Hollywood

SATURDAY 8:00 P.M.

Adults \$10.00 Students/Seniors \$8.00
Refreshments

GERINELDO



A Sephardic Musical Experience

SUNDAY 7:30 P.M.

Adults \$10.00 Students/Seniors \$6.00
Refreshments

SUNDAY SPEAKERS

■ **JOSH BEUTEL**

Editorial Cartoonist

BREAKFAST 9:30 A.M.

Adults \$8.00 Students/Seniors \$6.00

■ **SYLVA M. GELBER**

■ **RABBI REUVEN P. BULKA**

■ **LINDA FRUM**

YOUTH PROGRAMS

- SHLOIMI LOCHENKOP ■ LES PETITS BALLETS
- CHANUKAH STORYTELLING & GIFTMAKING ■ ISRAELI DANCING

Please note: Noam Zylberman will not be able to attend Arts Alive.

ALL EVENTS TAKE PLACE AT THE

JEWISH COMMUNITY CENTRE, 151 CHAPEL

ADMISSION ■ General Admission \$2.00

■ Special Weekend Package

Adults \$25.00 Students/Seniors \$18.00

Tickets on Sale now at: The JCC, 151 Chapel; all synagogues; 831 Broadview



A program
of the
Jewish
Community
Centre



PRESIDENT, OTTAWA VAAD HA'IR
JEWISH COMMUNITY COUNCIL

SIMCHAT TORAH RALLY

On Sunday, Oct. 14th the Jewish Community held a "Soviet Jewry Rally" outside the Soviet Union Embassy on Charlotte Street. Rather than the traditional protest we gathered to express our thanks to the Soviet Union for permitting Jews to emigrate to Israel and to other countries west. We were able to coax the First Secretary of the embassy staff to come out and greet the assembled crowd.

It was an historic gathering. After many years of "protest" we were able to congratulate everyone involved with the organization of the many programmes and protests which were held over the past 15-20 years. From humble beginnings with the "Group of 35," the numerous Soviet Jewry committees of many Jewish communities all over the world continuously hammered away at the Soviet Union to "let our people go." We congratulate, also, many of the 11 parliamentarians of Canada who gave of their energy and time for the "cause." The "parliamentary wives" were thanked for their pivotal roles in the effort. At the gathering, David Kilgour (one of the parliamentarians who played an important role on behalf of the Soviet Jewry Committee) spoke eloquently about the history of the "protest movement" and the ultimate success of the movement. To everyone involved, "Yasher Koach."

OPERATION EXODUS

Over 100,000 Jews have now emigrated from the Soviet Union to Israel since the beginning of this year under Operation Exodus. The success of the campaign to convince the Soviet Union to allow its Jews to emigrate has now led to the greatest migration of Jews from one country to another during so short a period of time. The stresses and strains of the migration cannot be ignored and all communities world-wide have been called upon to do our share in the work of immigrant absorption. We must continue to do our share for the new Olim and for the State of Israel in this historic adventure.

ANTI-SEMITISM



Reprinted from the Citizen, Sunday, October 14, 1990 edition.

The unfortunate killing of 21 Arabs in Jerusalem has unleashed a spate of articles and cartoons in the local press which can only be characterized as despicably anti-Semitic. The cartoon by "King" in the Citizen (Sunday, October 14th) which depicts an Arab being crucified on a Mogen David is the most scurrilous attack upon the Jewish people and the State of Israel by this newspaper in most recent memory. The imagery conjured up by this cartoonist announces to the world that the Jews are once again guilty of maniacal murders and torture of "innocent mankind." The implication of the "crucifixion," I suspect, is that the Jews are guilty of Christian Deicide and that now in the 1990's the Jews (as embodied by the State of Israel) are guilty of some form of Muslim or Arab "deicide." The analogy, and the history portrayed by this heinous cartoon is beneath contempt. Mr. King could easily become cartoonist of the year for "Der Sturmer." The Editor-in-Chief and the Publisher of the Citizen should be ashamed to be associated with material reminiscent of Julius Streicher — the most notorious Nazi newspaper propagandist of the 1930's.

The Jews of the 1990's do not accept this kind of treatment with impunity. We urge you to make your protest known to the Citizen.



CANADA-ISRAEL COMMITTEE SUMMARY

Overview: Temple Mount incident

ISRAELI media reports have been somewhat dominated by the October 8 incident on the Temple Mount which can be regarded as having given a new lease of "Public Relations" life to the intifada.

There is no clear picture, as yet, which categorically proves that the entire incident on the Temple Mount was either totally spontaneous or totally premeditated. Ze'ev Schiff has written in Ha'aretz that the throwing of stones upon the worshippers at the Kotel (Western Wall) was not a pre-planned action. Schiff says that due to some construction and repair work going on at the site there were large boulders deposited there by labourers and that this was not connected to the riot.

However, Schiff's colleague, Ehud Ya'ari of Israel TV (who has co-authored a number of highly respected books with Schiff — the most recent specifically dealing with the intifada) reported that there were large advertisements placed in the Arabic press in both East-Jerusalem and the territories calling upon Palestinians to congregate at the Temple Mount on Monday, October 8, to "defend the holy sites" against attack by the "Temple Mount Faithful" (the Israeli self-proclaimed "zealots" who wish to build a third Jewish Temple in place of the two mosques on the Temple Mount).

Despite the possibility that the throwing of boulders, projectiles, cinder blocks etc. was not premeditated, the Palestinian organizers had already determined that an incident was to occur "spontaneously". This is demonstrated by the fact that the number of Palestinians assembled on the Temple Mount was far in excess of

the normal number coming to pray on a regular day (October 8th was not a Moslem holy day). Some reports have noted that there were Palestinian press releases prepared in advance of the incident.

Only the most naive person would have believed that such a gathering would not lead to a riot as spirits were inflamed, in particular by a number of Moslem clerics and Palestinian leaders assembled on the site. The rather small Israeli police presence, both on the Temple Mount and in other locations in proximity to the Kotel, was not able to control the rioting once it began, and the deaths which occurred appear to have primarily been the result of Israeli policemen fighting their way off the Temple Mount and away from the massive mob which was attacking the officers with homemade spears, clubs, bottles and improvised knives.

Warning shots

Initial reports have stated that the officers began by firing warning shots into the air, resorting to shooting into the crowd only when they saw no other means of dispersing the mob thus allowing the police to escape. One Israeli journalist on the scene — who is not known for endorsing official government positions — told the CJC that the policemen on the Temple Mount "had their backs to the wall, they had no choice, it was either open fire or they would have been killed".

One of the key arguments being used against the Israeli response has been the Palestinian allegation that the "Temple Mount Faithful" were the ones who provoked this situation, and that the Israeli government — which is further alleged to support the "zealots" — allowed the situation to become

inflamed. This is a total abuse of the truth.

The Israeli High Court of Justice, sitting as the Supreme Court, issued an injunction against the group from marching in the area of the Temple Mount, ascending to the site, or placing a cornerstone there. This is not a new development. This group has announced such plans on numerous previous occasions. In each case the authorities have forbidden such action and the Israeli police have prevented the "zealots" from carrying out their wishes. The Palestinians know this fact quite well. The Palestinian leaders were perfectly aware that this year's intended march would be halted.

In fact, one only need recognize the political structure of the Israeli parliament to understand why the possibility of Israel allowing the "Temple Mount Faithful" to proceed is non-existent. According to Halacha (Jewish religious law) it is forbidden to build a new Temple on the site of the old ones until the Messiah has come. Thus, it is not permissible for any Jew to carry out any action on the Temple Mount which seeks to rebuild the Temple. The religious parties, which hold a balance of power in the Israeli parliament and cabinet, would never tolerate any action which supported the "zealots". This adds to the strongly held view that the "Temple Mount Faithful" are to be actively prevented from advancing their goal.

The Israeli public reaction to the news of the Palestinian assault upon innocent worshippers at the Kotel was prompted not by any sense of identification with the "zealots", nor was it to proclaim pleasure at the tragic deaths of the 21 Palestinians. It was simply

Continued on page 16

Down Memory Lane...



Adath Jeshurun Sisterhood Executive — 1953

Photographed in the Vestry Room of the Adath Jeshurun Synagogue, King Edward Avenue. Front row, seated, left to right: Jean Cooper, Lillian Gould, Doris Torontow (president), Beatrice Freedman, Sarah Berke. Back row, standing: Diane Wexler, Sonia Rabin, Belle Eekstein, Helen Saipé, Sari Green, Yetta Pearl, Marela Caplan, Kitty Sigler, Jean Shmelzer. Photo courtesy Doris Torontow.

U.J.A. IS HAVING A SEAT SALE!!!



U.J.A. is responsible for the transportation and resettlement of Soviet Jews to Israel. \$2000. pays for the transportation of a husband and wife and their belongings from the Soviet Union to freedom in Israel.

You can provide those airline tickets to freedom!

Whatever your gift is to the regular campaign normally, please at least maintain this level or increase if you can. Then give as much as you can for Operation Exodus. We ask you to consider doubling your gift for Operation Exodus!



United Jewish Appeal
of Ottawa

OPERATION EXODUS

JCC DOWNHILL SKI PROGRAM

IN CO-OPERATION WITH Edelweiss

SUNDAYS, JANUARY 13-MARCH 3



Features: •Eight 1-1/2 hour lessons (all day instruction optional)
•Bus service and ski rentals available (no daily riders permitted on buses)
•Bus pick-up at: 881 Broadview; Machzikei Hadas Synagogue; JCC, 151 Chapel.
Pick-up times: 8:00 a.m. Broadview & Machzikei; 8:30 a.m. Chapel;
Drop-off times: 4:30 p.m. Broadview & Machzikei; 4:15 p.m. Chapel.

Program No.	Program (Prices include GST)	Lessons & Lifts	Bus	Rentals
1	Pee Wee Lessons (age 4-6) (Minimum of 10) 1/2 Day — 10:00 a.m.-12:00 p.m.	M-\$75 NM-\$105	Parents provide	M-\$90 NM-\$95
2	Junior 1/2 Day Lessons* (age 7-12)	M-\$135 NM-\$165	M-\$50 NM-\$50	M-\$90 NM-\$95
3	Teen 1/2 Day Lessons* (age 13-17)	M-\$155 NM-\$185	M-\$50 NM-\$50	M-\$90 NM-\$95
4	All-Day Instruction (age 7-15)**	M-\$175 NM-\$205	M-\$50 NM-\$50	M-\$90 NM-\$95
5	Lifts Only (age 7-12)	M-\$95 NM-\$110	M-\$50 NM-\$50	M-\$90 NM-\$95
6	Lifts Only (age 13-Adult)	M-\$145 NM-\$170	M-\$50 NM-\$50	M-\$90 NM-\$95
7	Racing Program*** Instruction	M-\$175 NM-\$195	M-\$50 NM-\$50	Racers must have own eqpt.

* Morning Classes. Afternoon free ski.

** Classes 10:00-12:00 a.m. and 1:00-3:00 p.m. Lunchtime supervision.

*** Minimum of 8. Tryouts will be held on first day. Only those qualified by instructor may participate.

Maximum of 120 spaces only available in lessons! Don't be disappointed. Register now!

REGISTRATION

1. By mail, please use form provided below. Payment must be included. Cheques should be made out to: JCC Ski Program, 151 Chapel St., Ottawa, Ont. K1N 7Y2.
2. In person, at the JCC Program Office, 151 Chapel Street.
3. Deadline for Ski Program registration, December 31, 1990.
4. Rental measurements will be done on Monday, January 7, 1991, 7:00 p.m. at 881 Broadview Avenue, (Chapel). All skiers who need rentals should be present to ensure proper fit of boots and skis!

NOTES:

Phone-in registration will NOT be accepted. The JCC reserves the right to limit registration based on programs or transportation restrictions. Ski tags and group information will be mailed to you in early January.

REFUND POLICY:

100% less \$10.00 administrative fee if notice of withdrawal received before January 5. No refunds after January 5 except for medical reasons.

Program No. 8 **NEW... NEW... NEW... NEW...**
For Teens Only (Ages 14-18)

* 5 SUNDAYS - 5 DIFFERENT SKI HILLS

Your own highway coach to take you there.

Dates: January 27 - February 24

Hills: MT. TREMBLANT, Mont St.

Marie, Fortune, Vorlage, Calabogie

Cost: JCC Members. \$180.00; Non-

members, \$225.00

RENTALS NOT INCLUDED

Departure: 8:00 a.m., 881 Broadview

Experienced Skiers only, please!

* If enough interest is expressed, an additional 3-week teen program of local skiing could be offered.



J.C.C. SKI PROGRAM '91

REGISTRATION FORM

Amount enclosed _____

Family Name: _____ Parent's Name: _____

Address: _____ Postal Code: _____ Phone # _____ (h) _____ (o) _____

Emergency Name: _____ Phone # _____

Bus Pick-Up: Chapel _____ Broadview _____ Machzikei Hadas _____

Skier's Name: _____ Age: _____ Program: _____ *Level: _____ FOR RENTALS Ht.: _____ Wt.: _____ Boot Size _____

OHIP #: _____

*Level: 1. Never skied before 2. Snowplow 3. Glidesticks 4. Parallel

Please mail to: JCC Ski Program, 151 Chapel Street, Ottawa, Ontario, K1N 7Y2.



Commentary

Cynthia Engel
EDITOR

Three and a half years ago when the Gur-Ariehs first arrived in Ottawa, I had the pleasure of conducting a short interview with the Ambassador in the embassy offices for the purpose of introducing him to the community through the pages of this paper.

Much later, long after the couple were well settled into life in Ottawa I spent several delightful hours with Shulamit Gur-Arieh over midmorning tea at Kinneret, to find out more about her, and to share that insight with our readers.

Israel and Shulamit Gur-Arieh are indeed a very special couple, whose lives have been spent in the diplomatic service of their country.

He came to Israel, to freedom, from a country where, as a Jew, he knew oppression only too well.

She is a proud sabra, the descendant of parents who were pioneers in the building and safeguarding of the precious Jewish state.

Together they have devoted their energy, expertise, charm and considerable intellect to securing a firm place in this world for the country they — and we — hold so dear.

We have been fortunate to have had Ambassador Israel Gur-Arieh and his beloved Shulamit with us for the past several years. They have shared their time, their home and themselves readily and willingly with the Canadian Jewish Community in general and the Ottawa Jewish Community in particular — in addition to the myriad obligations their position carries with it on the larger scene.

The Gur-Ariehs have been admired and appreciated here in Ottawa as superb ambassadors, as superb shlichim. We shall miss them.

We wish them well as they return home — and I'hitrat. May we all meet again soon in Eretz Yisrael!

As always, Remembrance Day will be observed on November 11. In this issue you will find the personal reminiscences of Elliott Gluck, who served in WWII; an account, as it appeared in the Ottawa Citizen, of the bravery of the late Edward Saslove, who gave his life in that war.

Matt Ages, former veteran, will represent the Ottawa Jewish Community at the wreath laying ceremony at the Cenotaph on November 11.

Walking distance to Agudath Israel and Young Israel



\$144,900, renovated semi, 3 bedroom, 2 full baths, fireplace, hardwood floors, appliances, alarm system, low mortgage rate.

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Elliot Melamed 236-2640

Field day for Donahue guests

A recent edition of the Phil Donahue show provided an unobstructed platform for three prominent critics of American policy in the Iraq crisis. It was a field day for misrepresentation of events in the Middle East and host Donahue, rather than challenge his guests, instead gave them free reign and amplified their distortions by agreeing with them.

The show aired October 1, and featured columnist Alexander Cockburn, Richard Barnett of the Institute for Policy Studies, and consumer advocate Ralph Nader. All three blasted American — and Israeli — policies, and, apart from several audience members, nobody who dissented from that perspective was invited to offer an alternative point of view.

Cockburn and Barnett are well known critics of Israel, with Cockburn regularly comparing Israel to Nazi Germany, and Barnett's Institute for Policy Studies adopting a consistently pro-PLO line in its publications.

On the Donahue show, Cockburn claimed that Israel is "disturbed" at the possibility of a settlement of the Iraq-Kuwait crisis because "that does raise a question: now long will Israel be on the West Bank? How long will it be in Gaza?"

It might have been appropriate at that point for Donahue to point out that Israel's presence in those territories was not an act of aggression comparable to Iraq's invasion of Kuwait.

Unfortunately, Donahue chose not to.

Mailbag

Dear Editor:

In his September 7, 1990 "Chailights" column, Jewish Community Centre President Ralph Kassie indicates that Canadian Jewish Congress was one of three organizations which "simply (refused) to pay" the new rental fee charged to tenants of the building. I regret to say that this statement is inaccurate and misleading.

It must be understood that the new rent, although seemingly a "bargain", represents an increase of 216% over the previous rate!

Furthermore, there was no consultation or advance notice before the new rate was imposed.

Canadian Jewish Congress has not refused to pay the increase out of hand. Rather, we have attempted to reach a compromise whereby an acceptable rent increase could be phased in over an agreed upon time frame. We put this forward in writing to the Jewish Community Centre on August 31, 1989, but have not been favoured with a response.

I would also point out that the offices occupied by Canadian Jewish Congress was previously underused storage space generating no income for the Jewish Community Centre. It was at our initiative that this area was developed into office space at considerable cost to us.

Eric Vernon
Canadian Jewish Congress,
Ottawa Office

UJA Update

By Lionel Shinder Chairman,
1991 UJA/Operation Exodus
Campaigns



Community Organizations Are Pitching In

Ottawa Jewish Community organizations are doing their part to help in the miracle of Operation Exodus, world Jewry's response to the growing crisis and danger facing Soviet Jewry. All Jews of the world who enjoy the freedom to help their brethren in the Soviet Union are pulling together to help rescue and resettle Jews from the Soviet Union into Israel.

Just four months ago we had expected that some 300,000 Jews would emigrate to Israel from Russia over the next three to five years. Now we know, based on visas approved and airline tickets sold, that one million will arrive within the next 36 months! However, since then this astonishing miracle has changed: Can you imagine what it is like to have over a thousand people a day arrive in your country with nothing but the clothes on their backs, culture shock, and a chance for a new beginning? The people of Israel have pulled together to absorb the newly arrived Soviet Olim. Volunteer groups, the government of Israel and the Jewish Agency are all working together to resettle, retrain, and help these welcome members of our family into Israeli society.

We do not know how long this miracle will continue and therefore every minute is precious. We have an opportunity to do today what we could not do fifty years ago, and that is to save our families. We are being asked to give money, as much as we can to help Soviet Jews. The United Jewish Appeal is responsible for moving them from the Soviet Union to Israel and then to help settle them during their first year. How many of us are in this beautiful land of Canada only because, by a strange quirk of fate, our parents or grandparents decided to move when they could. Can you imagine what it would have been like if that generation had not made that decision — leaving the next generation — us — dependent on others to save our lives to resettle in Israel. We have the freedom to help these people and we must.

Our Campaign to date has raised \$2.6 million for the Regular Campaign and over \$2.8 million for Operation Exodus. That's over \$5.4 million! All funds for Operation Exodus are transferred to Israel for the rescue and resettlement operations. We pay for the flights to bring the new olim from the Soviet Union and we pay for the programs which are necessary for their integration.

Our Regular UJA Campaign cannot be forgotten either. We are helping our own local Jewish community to maintain its agencies and services which all Jewish community members can take advantage of. And the Regular Campaign also helps the State of Israel in other areas, such as the emigration and resettlement of Ethiopian Jewry and Jews who are coming from still other distressed areas of the world.

Young Israel Synagogue Donates Israeli Bonds
I want to take this opportunity to thank Young Israel Congregation for the purchase of \$8,500 of State of Israel Bonds which were assigned in support of Operation Exodus. This shows dedication and commitment to the State of Israel, Operation Exodus, and to our local community.

I also want to thank the students of Hillel Academy, and the leadership of the Chevre Kadisha for their recent donations to Operation Exodus.

No one knows how long this opportunity will last. We must make every second count. For the Jews of the Soviet Union, for the future of the State of Israel and our own local community, I urge you to become part of Operation Exodus and be a United Jewish Appeal donor today.

Investment in Israel

Near Kibbutz Harad, 4 fenced hectares consisting of a 300 olive tree plantation, 2 bedroom house with cement front deck. House surrounded by variety of fruit trees.

For more information write or call in Canada P.O. Box 332, Stittsville, Ont. K2S 1A4; 613-831-3332 after 3:00 p.m. or Israel, P.O. Box 2478, 720-53 Nazareth 16123; Tel: 011-972-6556765.



OTTAWA JEWISH BULLETIN & REVIEW

Published bi-weekly by the Jewish Community Council of Ottawa —
Ottawa Vaad HaRai, 151 Chapel St. Ottawa K1M 7Y2 (Tel 613/232-7306)

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View from the Pulpit



O'Vey Nineveh: the Jewish People and the Nations

By Rabbi Saul I. Aranov
Congregation Beth Shalom

Whenever we celebrate the Sukkot festival, I recall the reaction of a Gentile to the Sukkah that I erected when I served as Rabbi in Philadelphia, Pa., in 1966. He could not comprehend why the Jews build a Sukkah in the windy rainy fall weather. Would it not have been more convenient and more reasonable to observe this festival in the warmth of the summer season?

This mentality that everything that we do ought to be convenient is not restricted to the non-Jewish world of the West. The modern mentality expects everything, and especially the practices of religion, to be convenient. The best kind of religion is the one that will sell, that will conform to the fashionable pattern of living. In the market place mentality of North America, religion is just another commodity and the customer is always right. Yet Sukkot refuses to be convenient by not conforming to the conditions of climate of the north temperate climate zone. The non-Jew is also expected to observe the precept of dwelling in a Sukkah in the Messianic Age.

On Yom Kippur we learned that the Hebrew prophet Jonah's way of thinking was comfortable. His priority was with his own people. The Almighty disturbed his way of thinking by telling him to go to the pagan city of Nineveh and to arouse the populace to repentance by establishing their society on a more just basis.

There are many in our Jewish society who will maintain that Jews have suffered terribly at the hands of the Gentile world. "Zollen zays tsebrechen zayere kep!" As for the Jews, charity begins at home and birds of a feather flock together.

The statement 'Scratch a Gentile and you will find an anti-Semite underneath' is an inappropriate prejudice concerning human behaviour. Admittedly, certain institutions that have predominated in societies have had a lasting negative effect such as the primitive anti-Semitism that was nurtured by the Church in Eastern Europe. The Church continues to fuel present animosities towards Jews even as it contributed to the conditions that produced a Holocaust in the past. Undoubtedly, Jewish suffering of the past is an indisputably negative experience. Yet, to hate others, to deny them the capacity to exercise humanity and the possibility to repent is in prejudice the human condition.

A case in point is Dr. Albert Massiczek, a former Nazi storm trooper who spoke at a forum at the Hebrew University this past summer. He has become totally transformed through his process of repentance from a Jew-hater to an admirer of our people. I offer you his thumbnail analysis of anti-Semitism:

"I realized that there were two worlds, a Jewish world and a Gentile one and that the Jewish world can understand the Gentile better than the Gentile world can understand itself. I recognized this as one of the main reasons why Jews are hated. The twisted image of the Jews held by Christian Europe is based on the image that Gentiles project their own difficulties and deformities onto the Jews. Therefore they need the Jews and therefore they hate them."

People must work ceaselessly on themselves to overcome anti-Semitism. This is a constant internal moral struggle. The Jew who should be most cognizant of this ethical combat was given a mission to help lead humanity to a higher and more noble service. These weeks we read in the Torah that the world did not start on the wrong foot with a wicked streak. Rather, God saw that all that He made was very good. The winds of waywardness that buffet people by inclining them to evil is what they must resist. We must hold onto the hope that in the coming age of truth the actions of nations will be based on something more noble than self-interest.

The primary lesson that should be derived from the total High Holy Days and Sukkot seasonal experience is that the Eternal God created a unique world and that this world was founded on optimism. The world is a 'shetl' — a global village. Each individual has a duty to banish baseless hatred from his heart and strive to work for the unity of people and nations. We should all function as trustworthy caretakers of the environment of our global village. While it is normal to have parochial interests we have an obligation to care for those beyond our own family, faith, community and nation.

Women's 'experience weekend' sparks desire for local group

By Sylvia Greenspoon

For those who saw the film *Half the Kingdom*, Norma Joseph is a familiar name. The film, which features seven feminists discussing their feelings about Judaism, includes Prof. Joseph, a scholar and women's activist, currently teaching at Concordia University and working on her Ph.D. on Women and Jewish Law.

Prof. Joseph was the keynote speaker at a Jewish experience weekend sponsored by B'nai Brith Women, held in Gananoque from September 7-9. She gave a series of lectures on *The Life Cycle of the Jewish Woman*.

The lectures began on Friday night, following a Kabbalat Shabbat dinner.

The opening talk was a discussion of birth from a Jewish woman's perspective. The final lecture featured the

woman's role in Death and Dying.

Over the weekend, women of all ages and religious backgrounds talked about their roles in families and communities, sharing unique experiences with these different segments of the woman's life cycle.

They talked of the importance of creating a Simchat Bat ceremony to welcome female infants into the community; creating meaningful Bat Mitzvahs for their daughters; marriage, sexuality and Judaism; the problems of the single woman, whether single by divorce, death or not yet married. What could communities do to integrate these people?

They talked of death, their roles in supporting the bereaved according to Jewish traditions, customs relating to Shiva, and innovative approaches to

prayer and poetry for those in mourning.

They talked, argued, formed and reformed opinions based on new learning that had been acquired.

Prof. Joseph's acquaintance with the sources was impressive, quoting from Talmudic tractates and medieval manuscripts to support points of view. Her sense of humour permeated even the heaviest of topics.

Participants left this series of workshops a little richer in knowledge of traditions, and ready to go out and explore, and share gleanings with their families and friends.

Anyone wishing more information or interested in forming a discussion/study group on Women in Judaism, should call Sylvia at 232-4188.

MSW to address sisterhood Nov. 20

Lauren Shaps, MSW will share her expertise in working with families of pre-school and elementary school children at the monthly meeting of Sisterhood Machzikei Hadas Tuesday, November 20, 8 p.m., Lower Social Hall of Synagogue, 2310 Virginia Drive.

Mrs. Shaps will speak on "Bart Simpson and Ninja Turtles: transmitting Jewish values in an age of Media Overload".

Classified

For sale cabin on 100 acres of bush, 3/4 hour from Aymer going west on Hwy. 148. Contact Laurie Mackechnie 819-458-2424.

Hampton Park, semi-detached, 3 years old, 3 bedrooms, 1-1/2 baths, fireplace, finished basement, central air, lot 27x120 ft. Close to synagogues, shopping, playgrounds, transportation. 725-9538.

Available immediately, Hallandale, 3 Islands, 10th floor, magnificent view overlooking Intercoastal and ocean. Highly upgraded, decorator furnished, one bedroom plus convertible for 2nd bedroom or den, 2 full baths, full kitchen. 1-305-458-4645, 1-305-457-3508.

Glebe for rent January-July, large, sunny 2 bedroom, 1-1/2 bath, furnished apartment in stately Glebe house. Hardwood floors, dishwasher, piano, parking, \$900/month. 594-5490 before 11 a.m. and after 6 p.m.

Chalet for rent December 16-January 31 on Ottawa River near Chateau Montebello, 45 minutes from Queensway. Groomed cross-country skiing tobogganing, skating, ice fishing. Wonderful getaway. Non-smokers. 235-3851.

We Buy Israel Bonds issued prior to 1987. Minimum \$500 transaction. Paid in U.S. or Canadian dollars. Call 236-3391, Ann Goldberg.

Bulletin Classifieds get results! \$9.10 for 20 words, 0.25 for each additional word. Call 232-7306.



From Soup to Nuts

By Donna Karlin

Now that summer is over, we seem to spend more time and effort in the kitchen, whether trying new recipes or resurrecting old ones. Here are some new ones to try that are warm and satisfying on a cold autumn night.

Roast Stuffed Chicken With Apricot Glaze

1 roasting chicken (fairly large size)
1 clove garlic, crushed
1 Tbsp. chopped fresh parsley
Freshly ground black pepper
Stuffing (recipe follows)
Preheat oven to 325 degrees. Scald chicken with boiling water inside and out, rinse well with cold water and pat dry with paper towels. Season inside and out with garlic, parsley and pepper. Stuff cavity. Place chicken in roasting pan and roast for 2 hours. Meanwhile, combine the rest of the ingredients in a bowl and after chicken has roasted for 2 hours, baste with this mixture. Roast an additional 35-40 minutes, basting very often. Slice and serve stuffing separately.

Stuffing
3 leeks, cleaned well and chopped, white part only
1 carrot, peeled and grated
3 Tbsp. pareve margarine
1 lb. ground veal
1 Tbsp. oil
3 cups fine breadcrumbs
2/3 cup non-dairy creamer
1/2 cup chopped toasted pecans
1 cup dark seedless raisins soaked in 1.3 cup orange juice
1 Tbsp. chopped fresh parsley
1 Tsp. dried basil
1/4 tsp. tarragon
1/4 tsp. thyme
1 tsp. grated orange peel (reserved from grated peel from chicken recipe)

Sauté leeks and carrots in margarine until softened. Remove from pan and place in bowl. Sauté veal in oil in same pan for 5 minutes. Remove from pan and add to vegetables in bowl. Mix well. Add the rest of the ingredients and mix until mixture holds together lightly.

Veal Chops in White Wine

8 large veal chops, 1st cut
Flour, salt and pepper
5 medium onions, sliced
Oil for browning
Dredge veal in flour, salt and pepper. Brown on all sides in small amount of oil.

Drain on paper towels. Sauté onions in pan with a little added oil if necessary. Cook just until golden. Add broth (undiluted), then mushrooms and wine. Simmer 15 minutes. Take off 1/4 cup of liquid from pan and combine with 1 Tbsp. cornstarch. Blend back into pan. Allow to thicken slightly. Return veal to pan and simmer, covered for 15 minutes. Remove cover and simmer 15 minutes more or until tender. Serve with rice or potato and a steamed green vegetable.

Note: Best when made in an electric frypan or very large skillet.

Easy Chicken Marengo

1 chicken cut in 8ths
Salt, pepper, garlic powder
1 cup good quality non-dairy spaghetti sauce
Brown chicken in skillet in a little hot oil, on all sides. Drain off excess fat. Season with salt, pepper and garlic powder. Add spaghetti sauce, onion, garlic and white wine. Simmer, covered, for about 30 minutes or until soft. Add 1 cup sliced fresh mushrooms and simmer a few minutes longer until done. Serve with rice.

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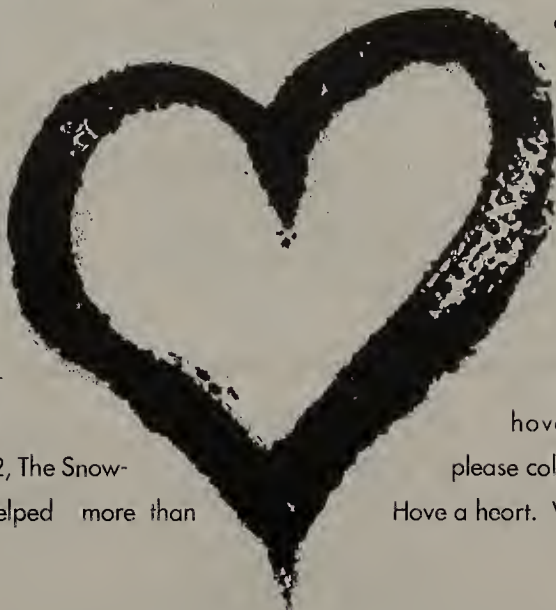
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A Jewish serviceman's vignettes

Remembrance Day memories of World War II



Elliott Gluck, Commander 130 Company RCASC, 1957.

Some of my most indelible memories of World War II revolve around my being Jewish. They will, I hope, be of interest both to former comrades and to those of you who enjoy hearing about Jewish experiences with other Jews.

In the summer of 1943, I was in training at Camp Borden, 60-odd miles north of Toronto. One day I was summoned to the main Orderly Room by the Headquarters Adjutants who told me that several Jewish soldiers, who were proceeding overseas the next day, had requested to be excused from the Protestant Drumhead Church service to be held that afternoon. They had asked if it was possible to meet with an Jewish officer — it turned out to be me!

In a windy, empty hangar, I met with about a half-dozen young men — some younger, some older than I. The only semblance of a Siddur was the standard issue book of prayer, which was made like those now provided at weddings, bar mitzvahs and such. Even if I had had an adequate background for this situation, improvisation was the order of the day. We talked about life — and death — and I am sure that we all took something of value away from that short meeting.

A long, long time later, in Amsterdam at the Jewish Leave Centre, about which more later, a soldier approached me and called me by name. After I had greeted him, in obvious wonder, he told me that he had been one of that little group I talked with that long-ago summer day. He also told me that that was the last contact one of the men in that group had had with religion; immediately after he arrived in England, he was sent into action and was killed, on his first day with the unit.

My next experience took place early in 1944, in Hull, England. Harold Cummings — today a well-known automobile dealer in Montreal — and I were summoned to the Reinforcement Unit Adjutant's office. His first questions were "Are you Jewish?" and "Do you speak French?" When we both said yes to both questions, he told us this story: he had just received a rush call from the Hull Rabbi — I think his name was Prince — asking for help. A French division had just arrived in Hull, and a large number of the troops were French-speaking Jews from Algeria, and he needed some HELP!

We were rushed in by jeep where we met the Rabbi, were ushered into the gymnasium of a local school and left to deal with the men. Most of them were quite outlandishly dressed, and carried a really frightening assortment of extra-legal weaponry—daggers galore, brass knuckles, handguns, whips — you name it, they had it! They were as rough, tough and mean-looking a gang as we had ever seen. When we talked to them in our school-boy French, they were much less ferocious; they were happy to hear what recent news we could give them and, finally, we got some food for them. We quickly worked out a makeshift support program for them with the local Jewish authorities. Harold and I developed a very nice rapport with the Rabbi and the Rebbitzin, and saw them a number of times while we stayed at the camp.

The next event was one which took place just about the time of the first Seder in the spring of 1945. On a bitterly cold day late in March, cold as only it could get in the Black Forest, the message came through to all units in the area that all Jewish personnel were to be brought to a rendezvous in either Cleves or

By Elliott Gluck

Xanten, just inside the German border. We were to attend, to our immense surprise, a Seder! Captains Samuel Cass, of revered memory, and I, Bertram Rose (better known to the Ottawa boys as "Izzie") had made all the arrangements as Chaplains in the Second Canadian Corps; the Protestant and Catholic chaplains made absolutely sure that, like it or not, all Jewish ranks were to attend this religious service. I for one didn't relish the prospect of being ahead of the tanks of my beloved Second Armoured Brigade! We were much more used to being several miles behind them.

We arrived at a bombed-out school, about 150 of us, shivering from the cold, and some, like myself, shivering for other reasons. It was early afternoon when we sat down at a number of issue 6-ft. tables, in front of us the Chaplains and some other VIP's at tables on a raised platform. Then this makeshift, never-to-be forgotten Seder proceeded. Picture a cold, spooky room, no ceiling or windows left, walls badly damaged by German shellfire, the air above us filled with the ominous shrieks of German "88's" popping off — and a pair of candles, bravely flickering in the gusts of icy-cold air which permeated our bones.

Miracle of miracles, we were all served kosher wine, gefite fish, and matzot — how our two chaplains had accomplished this is still a mystery to me.

The service proceeded probably more quickly than the Rabbits would have liked. I am not sure if the Four Questions were asked, I was too busy being scared! Since no lights were allowed, we finished the Seder in time to be driven back to our lines, but the sight of the candles, flickering almost out, but reviving every time, left me, and I am sure most of my comrades, with a sense of wonder and the feeling that we had witnessed a miracle. This memory was a source of strength to me then and to this day.

My last experience has to do with the Jewish Leave Centre in Amsterdam, which flourished in the summer and fall of 1945. It had been established on the initiative of our Chaplains, Captains Cass and Rose, to fill the same need as similar centres for Protestant and Catholic personnel. Remember that under most circumstances Jewish personnel fell out with the Protestant contingent for any religious event, but would be excused from participation upon request in any specific ceremony or service.

Rabbi Rose obtained a list of all Jewish personnel in that part of the theatre, and my name and that of Corporal Louis Slack jumped out at him since we were all from Ottawa and had known each other for many years. I was with a

unit awaiting repatriation to Canada, but, as I was a low-pointer and not due for "repatriation," I jumped at the chance to take the job of Administrative Officer for the Centre. Little did I know what was in store!

I will never forget 25 Johannes Vermeer Straat — an imposing building, quite new and clean. It had been built, as a plaque outside the entrance proclaimed in German and Dutch, as a maternity hospital for Dutch women carrying the children of German soldiers. The building proved most suitable for billeting the staff and the soldiers who attended the one-week Religious Studies program — a necessary euphemism for what was more often than not a welcome few days of "R&R."

We were soon joined by an unforgettable character — Warrant Officer (Class 2) Nate Alexander, late of the Regina Rifles. Nate was the most impressive person we could have gotten for the job of keeping the operation on the rails and solving all the weird problems attendant on running (more or less!) a kosher kitchen under wartime conditions. And while I realize that any Mashgiach worth his salt would have had a hey-day pointing out our shortcomings, our efforts were much appreciated by the soldiers who rotated on a weekly basis. The complete story of that adventure must be told at another time, but I must mention one amazing experience I had.

One night I heard some odd noises, which turned out to be coming from the kitchen. When I went in to investigate, I discovered the two Chaplains and a young woman whom I had never seen before ransacking the rations stacked in the cupboards. I remonstrated with them and started to restrain them when suddenly the girl picked up a menacingly large and razor-sharp carving knife, and in pretty good English told me that, if I interfered any more, in her words, "I will kill you." I had no doubt that she was perfectly serious. Bert Rose then explained that he and Sam Cass had found out this girl was leading a ragtag band of Jewish refugees, released from bidding and from a concentration camp, into Amsterdam and they were determined to do what they could for these people. In retrospect I realize that none of my charges suffered any pangs of hunger as a result of what was, to my mind, the plundering of Canadian Army stores by, of all people, our Chaplains! How I wish now that I had known then what I much later came to know!

Incidentally, Bert Rose subsequently married the young lady and they moved to Jerusalem about 10 years ago.

These few vignettes of my experiences as a Jewish serviceman have revived a whole host of memories. Perhaps other former servicemen will come forward to add their recollections to mine. In any case, these memories and others which remain to be told will remain at the top of my treasured memories for all my life.



Military personnel in front of the Jewish Chaplain's Centre in Amsterdam. Those not in uniform were staff from the Amsterdam Jewish community.

Flying Officer Eddie Saslove died a hero's death Jan. 7/45

Let us forget:

Flying Officer Edward Lewis Saslove of Ottawa was killed in action on Jan. 7, 1945, over Munich. He died a hero's death in a flaming aircraft, but no official tribute has ever been paid to him. He has no known grave, but his name and those of two of his crew members are inscribed on the Runnymede Memorial in England, erected in honor of fliers who have no known resting places.

His co-pilot, Flying Officer Max Chisick, the last man to see him alive, only lately told his story to the pilot's brother, Martin S. Saslove, 40 Higwood Drive, who has sent it to us and which we now present to a Remembrance Day eve tribute:

Homeward-bound:

On the night of Jan. 7, Saslove's Lancaster bomber

had dropped its bomb-load on Munich and had turned toward home. Suddenly they were under attack by a German night fighter and the big bomber was raked from fore to aft with cannon and machine gun-fire. With the outside engine aflame, F/O Saslove tried to contact the crew. He got no response from the two gunners, Flt. Sgt. Albert Campton of Montreal and Flt. Sgt. Glen McLelland of Killarney, Man.

F/O Chisick was sent back to check. He found both gunners badly wounded and their gun-turrets jammed, making it impossible to get them out. F/O Saslove then ordered the remainder of the crew to bail out. Four of them did so, as the Ottawa pilot held the crippled aircraft steady.

In the words of F/O Chisick: "Eddie was sitting at the controls, as cool as a cucumber and

said quietly, 'So-long Max, I'll see you in a few minutes.' But, as Chisick floated safely toward the earth, he watched the fiery bomber disappear into the night and saw no other parachute.

Stayed with wounded:

Had F/O Chisick realized that his pilot had no intention of abandoning ship, he would have tried to force him to do so, he said later. He told F/O Saslove's Ottawa brother that he is certain that the heroic pilot had decided he would not leave the two wounded gunners to die in a pilotless plane and had tried to land the badly shot-up and flaming bomber in mountainous terrain surrounding Munich. In fact, the wreckage of the plane was later found but there were no bodies reported.

F/O Chisick and the four crew members who had successfully bailed out were made prisoners of war. They were freed in March 1945. Chisick harboring some lingering idea that "Eddie might be OK and had, in fact, bailed out," wanted to stay for a time in Germany and search for him. But he soon realized that the Ottawa boy had remained with the doomed bomber. And so he returned sorrowfully home, later to name his first born son "Edward" after his brave friend.

Epilogue:

Martin Saslove, in his letter, draws a comparison of his brother's death with that of the well-known story of Pilot Officer Andrew Mynarski who won the Victoria Cross for a similar action.

Reprinted from Win Mills column, the Ottawa Citizen, November 11, 1968 edition.

Are the winter blahs setting in?
Don't despair --

CONNECTION 20/30

is having a tropical beach party!
Wear your most imaginative beach togs
and get ready to dance!

SUNDAY, NOVEMBER 25

at 8:00 P.M.

Elephant & Castle, 50 Rideau Street

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Connection 20/30 is a social group for young Jewish adults (21-35), singles and couples.

For more information about the group, or to add your name to our mailing list, call Diane at the JCC, 238-1818.



A program of the Jewish Community Centre of Ottawa

Last Words of an Airman

"If I perish, I perish."
Book of Esther 4:16

If I no more should waken on this earth,
To greet the daily miracle of dawn,
I shall have known much of deepest worth—
Then do not weep for me when I am gone;
High service has been mine, and prayer,
and dreaming
Of that new world which sacrifice should bring;
Oh, I have soared to realms where stars
are gleaming
And raced translucent clouds on silvered wing.

I perish if I perish, well aware
That life is not too great a price to give
For truth and freedom. Do not then despair
When I am gone — but lift your heart and live!
I shall have conquered earth's confining sod
And willingly gone forth to be with God.

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Saturday, November 24

8:00 p.m.

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On behalf of the University of Ottawa, Andre Lavigne, development officer, Research, Corporations and Foundations accepts State of Israel Bonds as part of the gift to the university to establish the Zelikovitz Family Scholarship Program for the Hebrew University at the University of Ottawa. Dorothy Nadolny, chairman of the Ottawa Friends of Hebrew University looks on approvingly as David and Max Zelikovitz make the presentation.

State of Israel bonds used to create Zelikovitz Scholarship

A formal exchange between the University of Ottawa and the Hebrew University was signed in the Lawrence Freiman Hall at U. of O. recently.

The agreement will develop teaching and research links between Canada's largest bilingual university and Israel's oldest and largest academic institution.

Brothers David and Max Zelikovitz chose to mark the historic occasion with the establishment of the Zelikovitz Family Scholarship Program for the Hebrew University at the University of Ottawa.

The Zelikovitz Scholarship Fund, which was initiated through a donation of State of Israel bonds, will ensure that

there will be a continuing Hebrew University presence in Ottawa.

Under the program, faculty members from one university will be able to teach and carry out research at the other university during a period of time to be determined.

Academic results obtained at the host university by graduate students will be accepted as equivalent by their own institution.

The Zelikovitz Family Fund is open-ended and gifts to the fund, which can be paid with State of Israel bonds, are eligible for full tax receipt.

Anyone wishing further information can contact

Dorothy Nadolny at 521-0775 or Evelyn Greenberg at 564-2276.

Weizmann's artificial soil yields rich crop

An artificial growth medium, for use in hothouses and other special agricultural environments, has been developed at the Weizmann Institute.

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Many Israel hothouse operators use this enriched vermiculite, including an estimated 90% of the country's carnation growers. They find the additional costs justified by the fact

that the medium produces rich crops of healthy plants, without requiring supplementary fertilization during the growing season.

At present, the cost of the enriched medium limits its use to special intensive growth environments. However, that may not always be the case: field trials have demonstrated that the admixture of as little as one third of enriched vermiculite to ordinary soil causes tomato crops to increase by nearly one third, while cucumber yields were shown to go up to 45%.

Correction

In the article headlined 'UJA Women's Div. honors leaders' (OJB, October 15, 1990) the amount of the gift for recipients of the Pomegranate Pin was incorrectly printed as \$25,000. In order to receive the Pomegranate Pin, a \$2,500 gift to UJA is required.



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United Jewish Appeal
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OPERATION EXODUS

The trouble with Israel is that it's a Jewish state

If only Jews would go back to being victims



By Meir Rosenne

The trouble with Israel is that it's a Jewish state. Like the Jews, it's a pain in the neck, and the world would feel relieved without it. Or at least, if Israel insists on persisting, let it at least have the good grace to be, again like the Jews historically, a victim.

If only some Jews had been killed in the recent tragic events in Jerusalem! Then we could be sure that the chancelleries of the world would have pulled from their files the form letter they dispatched when Jews were murdered by various Arab terrorists, expressing their

condolences.

If only Israel had lost the 1967 Six Day War to Egypt, Syria, Jordan, Lebanon and Iraq. Then the memory of Israel might subsequently have been recalled in some places, and schoolchildren might have been taught about those courageous people who fought like tigers before being thrown into the sea.

If only Israel had lost the 1973 Yom Kippur War! Then the United Nations would surely have created a new refugee agency to relocate the Jewish survivors elsewhere.

In all the talk about investigating Israel's actions at the Temple on the Mount, no one has yet seen fit to call for

a commission to investigate the Iraqi massacres and rapes in Kuwait — or the murder of some 300 Palestinian Arabs by P.L.O. agents from the West Bank in the last two and a half years — or the reign of terror by the P.L.O. for a dozen years in Lebanon in the 1970's and 80's.

When Arabs kill fellow Arabs, it becomes a fit subject for a cover-up. When Jews kill Arabs in self-defense, it becomes a cause célèbre.

In all the current Security Council debates, no one has thought to ask: Why has the Council never convened to condemn the killing of a single Jew at the hands of an Arab terrorist?

It is well known, of course, that Jewish blood is tainted, that it is perhaps a different color from the Arabs'. But

...school children might have been taught about those courageous people who fought like tigers before being thrown into the sea.

still...

And no one asks why it is that the United Nations has consistently refused specifically to condemn anti-Semitism in its convention against all forms of racial discrimination — but keeps on its books the infamous 1975 resolution denouncing Zionism as racism.

And how can the Security Council presume to judge Israel when it has maintained a policy, since Israel's establishment in 1948, of barring membership to Israel, while the Arab states, and other third-world countries hostile to Israel, have been made Council members?

But of course Israel is to blame, by its very being, for everything. Today Israel is blamed for breaking up the coalition against Iraqi aggression. Tomorrow it will be discovered that the Iraqi invasion of Kuwait was actually a Zionist plot.

In the same evenhanded spirit, the entire world, in and out of the U.N., condemned Israel for the surgical strike by which it precisely destroyed

Saddam Hussein's nuclear reactor in 1981. We have still heard no apologies for that condemnation.

As a Jew and Israeli, I know that in the face of silence, indifference, hostility and hypocrisy Israel continues, as always, to stand ready to make peace with anyone who is ready to make peace with it. I know also that, despite hardship and conflict, Israel will keep its gates open for any Jew seeking refuge or desiring a full, free, proud Jewish life.

And as a Jew and Israeli, I will steadfastly reiterate what the world, in its tired cynicism, has brushed aside — that a modern-day rebirth of the ancient Jewish commonwealth, after two millennia of Jewish exile, wandering and harrowing persecution, is both a miracle and an act of historic justice.

Meir Rosenne, the former Ambassador of Israel to the United States and France, is the chief executive officer of State of Israel Bonds.

Reprinted from *The New York Times*, October 18, 1990 edition.

Anti-Semitism has risen from Communism's ashes

Freedom betrays Hungary's Jews

By Imre Karacs

The calm that reigned for more than 40 years in the vast synagogue complex at the heart of Budapest's wartime ghetto was shattered last week by the arrival of 12 men dressed in the heavy boots and blue uniform of the Hungarian police. They have established a police station within the sacred walls, not because of an outbreak of crime in Central Europe's largest place of worship for Jews, but to protect Jews from racist attack.

Anti-Semitism, absent during the communist era, is making a comeback. Stones have been thrown through the windows of a Jewish school, the customers of a Jewish café were sent scampering by a smoke-bomb and every day the postman arrives at the Dohány Street offices of the Central Board of Hungarian Jews with a bundle of hate-mail. *"Hitler Ist Hier! Sieg!"* proclaims one letter under a huge swastika. "Hitler was right. We have become poor while the Jews have remained rich," declares another. "Go home to Shamir!"

These are the milder letters. Others are addressed to Jewish leaders personally and announce their imminent execution. The threats are anonymous and, with the exception of a regular correspondent who signs himself as "Hitler's grandson," no one has ever claimed responsibility.

It is election time in Hungary, and as in the March general elections, graffiti artists are busily defacing party posters. The liberal Alliance of Free Democrats has tried to escape the "Jewish party" stigma this time by fielding a Gentile as its candidate for mayor in Budapest. But despite his Magyar appearance, Gabor Demesky still dangles from hand-drawn gallows on the party posters promoting his candidacy. Sometimes the message *Zsidó — Jew* — is deemed sufficient to deter voters.

The tides of hate-mail to Jews and anti-Semitic graffiti coincide with elections. The letters started arriving in Dohány Street in March and petered out in April. They have been flooding in again for the past month, and it is safe to bet that after Sunday's nationwide local elections, the postman will be less busy.

But although racist slogans may soon disappear from the streets, the wounds they leave will take

Extreme views about Jews are becoming acceptable, even in the elegant salons of Budapest.

longer to heal. One of the country's most respected intellectuals, the historian Peter Hanak, is nursing injuries apparently received in reprisal for his strong condemnation of anti-Semitism. Last Sunday, an unknown assailant broke into his home and beat him severely with a leather belt.

Mr. Hanak was the first casualty in what began as an intellectual sparring match between conservatives and liberals about the role of Jews in Hungarian society. Early last month, the poet Sándor Csóori wrote an article in the cultural journal *Hítel* lamenting the lack of national unity. He accused Jews of failing to sympathize with national causes and of ridiculing those who did. Finally, he sounded the alarm bells about "reverse assimilation": "The liberal Hungarian Jewry wishes to assimilate, in style and outlook, the Hungarian nation. To this end, it has been able to erect a parliamentary platform..." This is a reference to the Alliance of Free Democrats, many of whose leaders are Jews. Its Gentile majority has evidently been assimilated. Mr. Csóori also happens to be the ideologist of the Hungarian Democratic Forum (MDF), the largest of three parties which form the conservative government coalition. The article released an avalanche. It started a civil war in Budapest's café society, turning old friends into enemies. Mr. Hanak spoke out against it and was beaten up. Mr. Csóori was forced to resign from the prestigious Writers' Union, and the MDF was trounced in the first round of local elections last weekend.

A happy ending and conclusive proof that the MDF are a bunch of racist thugs? Not quite. Mr. Csóori, for one, is not an anti-Semite. His Jewish wife would vouch for that. And allegations that the MDF is a party of anti-Semites contain as much

truth as the "Jewish party" epithet of the Alliance of Free Democrats. Mr. Csóori is merely a confused intellectual, desperately trying to come to grips with the unexpected opportunity to shape his nation's destiny. The Free Democrats want to find a shortcut and have no intention of looking back, while the MDF is more concerned with how much baggage it can take to the other side.

Into its suitcase, the MDF has packed history. There is still no economic programme, but the country's ancient coat of arms has been restored and the pre-war military uniform taken out of mothballs. The liberals demand less patriotism from the government and more economic pragmatism.

The row about anti-Semitism happens to suit both sides. It gives the MDF the opportunity to pose as the sole champion of the Hungarian nation and panders to Hungarians' latent racism. That in turn allows the Free Democrats to brand the MDF as anachronistic and reactionary. It seems both sides have won. Many Hungarians now regard the MDF as too nationalistic, and the Free Democrats as unpatriotic and insensitive to national concerns, such as the plight of the Hungarian minority in Romania.

The estimated 80,000 Jews still living in Hungary are meanwhile wondering what else democracy will sweep in their direction. Extreme views about Jews are becoming acceptable, even in the elegant salons of Budapest. Everybody seems to be aware that Marx and all Hungarian communist leaders up to 1956 were Jews. The idea that communism is a Jewish creed is fashionable. "Did 600,000 or only 400,000 die in the Hungarian holocaust? It hardly matters, since Hungarians had nothing to do with it."

"Did you know that the Jews went voluntarily?" a sophisticated woman asked me. "They thought they were being taken to a sanctuary. And the sad thing about all this is that only the poor Jews died. The rich Jews got away." The ghetto's 12 policemen are preparing for a long stay.

Reprinted from *The Independent on Sunday*, Oct. 7, 1990 edition.

Adath Shalom hosting Chanukah Shabbaton on November 23-25

Adath Shalom Congregation will hold a Shabbaton for adults and children on November 23-25, at the Jewish Community Campus, 881 Broadview.

The theme of the special event will be Chanukah and song.

To lead the Shabbaton, Adath Shalom will welcome back Rabbi Daniel Siegel who led the congregation in a successful Shabbaton last May. This time he will be accompanied by his wife Hanna.

Both Hanna and Daniel Siegel are seasoned leaders of workshops and services for college students, adults, and families.

The Shabbaton will begin with a short Friday evening service, followed by dinner and songs to welcome Shabbat. Following the meal, Hanna will present a D'var Torah on the first few chapters of the Torah portion of the week, "Vayetze."

On Shabbat morning the Siegels together will lead Adath Shalom's service, embellishing it with some of their unique repertoire of melodies; and Rabbi Siegel will deliver a D'var Torah on the closing chapters of "Vayetze."

Saturday evening will feature a "melaveh malka," accompanying the departing Shabbat queen with music. Following Havdalah and supper, the Siegels will talk about, and teach — so that the congregation can experience — some of the beautiful Hallel melodies they themselves have composed and collected.

The final event of the weekend will be Sunday brunch at which Rabbi Siegel will guide participants in the study of a Chassidic text relating to Chanukah.

Despite his relative youth, Rabbi Siegel has a wealth of learning and experience acquired in working energetically with congregations and chavurot. He has served congregations in Thunder Bay, Ontario, and Victoria, Richmond and North Vancouver, B.C.

He served as the Jewish chaplain at the University of British Columbia and Simon Fraser University for almost seven years and currently is the Jewish chaplain at Dartmouth College in Hanover, New Hampshire. He is also Rabbi of the Upper Valley Jewish Community in New Hampshire. Recently, he chaired "Jews and the Land," the (June) 1990 conference on Judaism in rural New England.

Hanna Siegel is a weaver of tallitot, a composer of liturgical melodies, and an accomplished leader of workshops, including those for children. She is involved in exploring traditional rituals of women in Judaism, such as Rosh Chodesh celebrations in which women welcome the new month.

The Siegels have written a naming ceremony for girls and have produced cassette tapes of melodies written and performed by them and some of their congregants. They enjoy a well-deserved reputation for creating a musical, par-



Rabbi Daniel Siegel

ticipatory setting for prayer, being open to liturgical experimentation, and evoking community spirit.

For full details, meal costs and reservations, or information about Adath Shalom Congregation (an egalitarian Conservative congregation affiliated with the United Synagogue of America) a message can be left on the

Adath Shalom answering machine (228-0570) or call Leah Schnitzer (729-7410) or Harvey Goldberg (825-5219).

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The very capable Barbara Farber

Being female never hindered this lady's goals

By Reesa Aaron

It is a noble endeavour for a Jew to become president of a synagogue, but to be female and a mother of two to boot, this is to be Barbara Farber.

Farber is Ottawa's first-ever woman president of a shul: Agudath Israel. She is carrying on a family tradition, following in the footsteps of her grandfather, Harry Leikin, who was the first and founding president of the shul in 1938, and her father Stan Katz, who was president of the shul in 1968.

Involvement assumed

Growing up in Barbara Farber's family, "it was just assumed you'd be involved in the community."

At thirteen, Farber was already co-president of the Junior Congregation at Agudath Israel. At that tender age, just on the brink of adolescent confusion, Farber made no bones about the nature of her aspirations: to be president of the synagogue before age 40.

Achieved her goal

That no woman had ever before occupied that post did not faze the indomitable will of this committed woman, no way, no how. On May 12, 1989, Farber achieved her goal on the 25th anniversary of her bat-mitzvah. She was 38 years old.

As for being a woman, not just any woman, but the first-ever woman president of a shul, Farber says her gender was not anything she contemplated.

"It never occurred to me that I wouldn't be president. I just

worked my way up. I just worked hard for it, just like any person would."

Farber thrives on serving the community in this capacity. She always felt strongly about the importance of the synagogue, about instilling in Jewish children a proper grounding in their heritage.

Second home

Farber and her husband Len, a Director of Tax Policy for the Department of Finance in the Canadian Government, are proud to see their two children, Steven, 16, and Michael, 13, feeling comfortable in shul, as if it was a second home.

Farber feels right at home in a male-dominated milieu. In her professional capacity as Director of Operations for the Leikin Group of Companies, Farber is used to spending the greater part of her time as one-of-the-boys.

Her grandfather, Harry Leikin, recruited his eldest granddaughter into the family business right after she graduated from York University with a B.A. in English in 1972. She also took property management courses and "learned by the seat of my pants."

Successful shopping mall

Farber manages the office for a dairy farm operation and is also active in the planning, construction and management of a successful shopping mall.

Volunteer work has provided Farber with that missing link, feedback and a sense of mov-



Barbara Farber

ing forward, of getting from point A to point B. She now enjoys the fulfillment of personal achievement coupled with the satisfaction earned through service to the organizations and causes she loves.

And she has served many: Farber has been active in Agudath Israel's Sisterhood

since the 1970s, serving as president from 1981-1983. She has been a member of the shul board since 1980 and on the executive since 1985, serving as treasurer for 1985-1986, as first vice-president, and as first woman chairman of the Ritual Committee.

In addition, Farber has served in a variety of responsible capacities with the National Council of Jewish Women, the U.J.A., the Vaad, the CIC and the Jewish Community Campus.

Farber feels enriched from her experience in volunteer work. She says volunteering causes a person to grow in patience and tolerance and helps one learn how to see other points of view.

"I became much more sensitized to people," she says. "I received more from volunteers and volunteering than I gave

back. It is a continual learning process. You learn diplomacy. You learn to let everyone have their say."

Farber feels fortunate to live in Ottawa in an environment where she is blessed with immense family and community support.

"When the chips are down, this community knows how to pull together like one big family. A larger city would be a tougher nut to crack. But Ottawa lends itself to the possibility of community involvement. So I'm a big fish in a little pond."

Men or women (or fish), Farber believes a person must exhibit leadership qualities in life. A person must be principled and not be afraid to jump in and take a stand.

"Someone's got to do it," she says. And she does.

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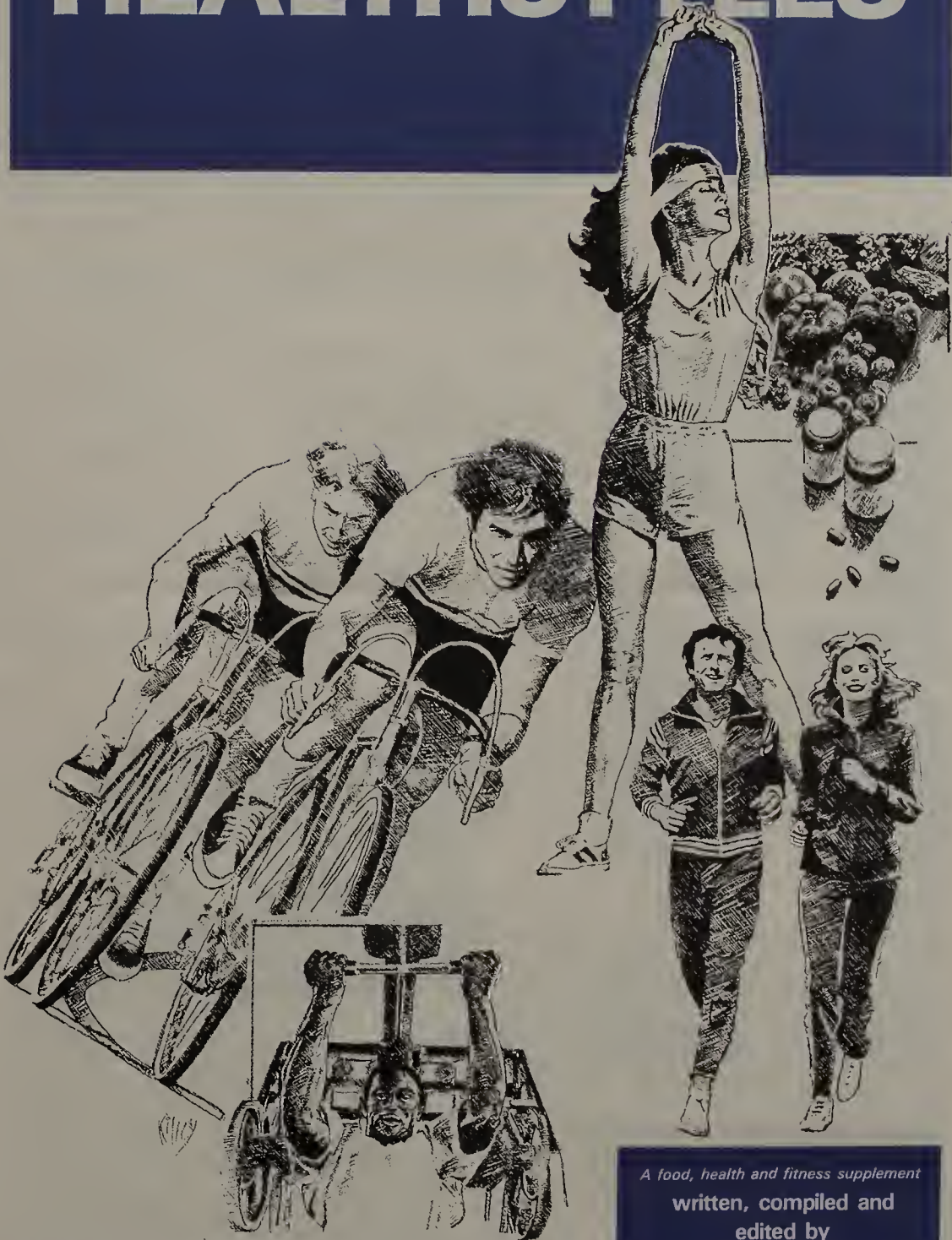
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Alyce Baker

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Response mechanisms help dealing with stress

Stress is said to account for many of our mental and physical problems.

According to Dr. Gerald Pulvermacher, psychologist, stress is an issue that is related to perception.

Events are neutral. How you react depending upon expectations is what causes the stress.

Responses to stress are varied. Physiological response: increased blood pressure, heart palpitations.

Cognitive response: thinking of terrible eventualities. Behavioral response: to either challenge or deny the stress.

Most people respond in more than one way at a time. There are a multiplicity of strategies to deal with stress effectively. Some of the management techniques Dr. Pulvermacher suggests are:

-proper nutrition

-exercise

-seeing a physician

-following a religion

-seeking guidance from a psychologist

"People should do what works for them," says Pulvermacher.

Obviously personality has a large effect on how people view the same event differently. We have all heard and read about the type A personality. This individual has a sense of time urgency. He is highly competitive, job-involved and impatient.

An unhealthy type A is all of the above, plus exhibits inward hostility.

Interestingly enough, the concept of stress was first introduced in the 1940s. Today it is a determining factor in every aspect of North American society.

Children in particular are being affected, and indeed statistics point to a heightened stress level amongst kids.

The reasons are clear. The family system is no longer there. 40% of children come from broken homes, 50% come from working families. The younger generation is forced to be on their own. There are higher expectations of academic performance. Kids have more disposable income, thus access to drugs. When the family isn't around, they search out other reference groups.

Children have far less skills than adults to help them cope. With no support system or a weakened religious system, it is only natural that increased stress levels occur.

Women in the work force has brought increased tension into relationships. With dual careers families have different approaches to making a marriage work.

First is the couple who are allies. One has a higher responsibility to the job, the other having a higher responsibility to the home.

Second is the couple who are adversaries. Both have a high orientation to work and a low orientation to the home.

Third is the couple who are acrobats. Both have a high orientation to work and home. This family wants it all. They are not willing to make any compromise and they delay decision-making. This couple is the most predominant of the three and suffers the highest symptoms of stress.

Self-esteem, or what you think of yourself, and self-

concept, what others think of you, play an important role in how you cope with life.

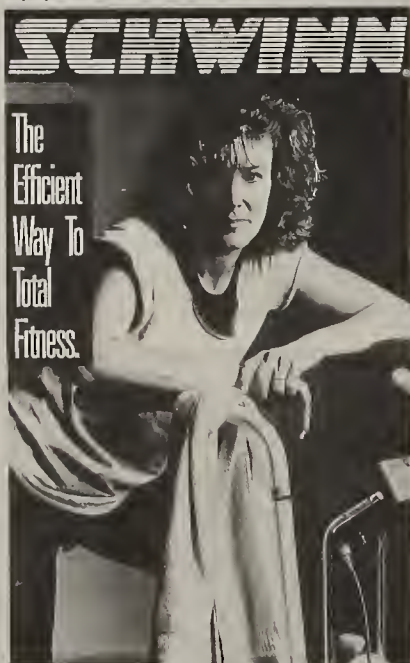
If you are money-centred, home-centred, self-centred or religious-centred, then you become vulnerable. If self-esteem is contingent upon performance, then you are vulnerable to stress.

If you are centred on values, then you are not vulnerable and thus are less susceptible to stress.

Dr. Pulvermacher emphasizes that there are warning signs of stress. They include lethargic, despondent behavior, sleep pattern disruptions, withdrawal, isolation, lack of sex drive, appetite change, feelings of panic and hostility.

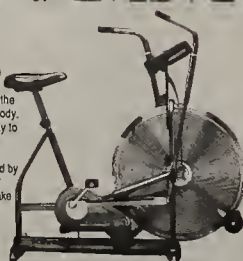
These symptoms are normal from time to time; everyone has them. But if they persist then there are courses of action. Consult with a physician, get some professional help. Talk to others close to you. Though most people under stress try to stay away from intimate relationships, accessing social support systems via family members is essential.

Dr. Gerald Pulvermacher is the managing partner of Pulvermacher, Stevens and Associates. A large portion of his practice is devoted to lecturing and giving workshops and seminars on management consulting, training and organizational development.



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Personal trainers give exercise some muscles

What's a nice Jewish boy from Ottawa doing in Chicago? He's training N.H.L. hockey players among other things.

Lorne Goldenberg is president of Strength Tek Fitness Counselling and Management.

A few years ago a friend asked Lorne to put a fitness program together for Bell Northern Research. Since then Goldenberg has been managing B.N.R.'s fitness center on Morrison Drive.

Goldenberg has many years experience in the field. With an honours degree in physical education, he has gone on to become a certified strength and conditioning specialist as well as a standardized fitness appraiser. He has worked in tandem with Dr. Don Johnston at the Carleton University Sports Clinic, and helped train

members of the St. Louis Blues and the Ottawa Rough Riders.

Strength Tek offers many different services to the public. They can provide a fitness evaluation and offer counselling sessions on a one shot basis or on regularly scheduled times.

They can monitor an on-going program.

Strength Tek can organize an aerobics class in your home for you or a group.

The company can give advice on purchasing equipment and helping you set up a home gym.

Modern industries are offering on-site facilities at their headquarters. Others are providing lunch time seminars or aerobics classes at noon and after work.

What is the purpose of all this you might ask? The statistics are incredible. A ten-year study with Canada Life

has shown that 1 day of absenteeism costs a company 1.75 times that person's salary.

The conclusion being that active people have fewer sick days. The programs will pay for themselves.

It has been shown that if you can prevent one heart attack in one year, then the whole cost of a program is underwritten.

Personal trainers have become very fashionable in the United States and increasingly popular in Canada.

As so many people lead hectic lifestyles, the personal trainer can work a fitness program around your schedule. In the privacy of your home at an agreed mutual time, everyone can benefit from some exercise.

The public often makes serious mistakes when they embark on a fitness program. Some of the most common errors are: 1. People do too much too soon. 2. People become injured and sore and so get turned off. 3. People often get into the wrong program for them. What's right for a friend is not necessarily right for you.

Strength Tek offers a Back Power Program, one that stresses preventative care. 80% of the public will suffer from back pain at some time. Of that 80%, 80% is preventable.

The company also offers special advice for runners. Programs can be set up to increase speed and endurance. Special exercises to loosen hamstring muscles will give joggers that extra boost.

Strength Tek doesn't hire people who look good. They get educated people who know the field.

"Just because you have big arms and legs, doesn't mean you know fitness," asserts Goldenberg.

"Too many people think they're experts and they're not."

Goldenberg spends a great deal of time putting athletes on special programs. In the summer he works at a hockey camp.

He is also available to give

talks, recommendations on diets and offers rehabilitative massage.

Very few people working in

private clubs have Goldenberg's background and expertise.

Best of all it's nice to see a local boy become successful!

Unparalleled ski school offers hill choice

Harvey Brodtkin is director of Snowhawks Ski School.

Brodtkin has been in the ski business for 15 years. Not only does he run the ski school but he also trains and gives seminars on both technique and pedagogy.

All staff of the school are certified with the Canadian Ski Instructors Alliance. Each staff member is chosen for both his skills and his rapport with children.

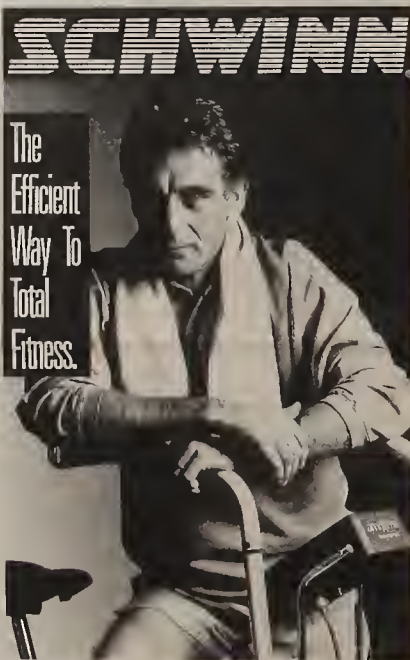
Snowhawks is like summer camp on snow. There is a tremendous camaraderie among the kids and teachers. The spirit is infectious and dif-

ferent themes and special events help to create this special atmosphere.

One of the school's most successful programs appeals to the older youth. This is a travelling program where each week a different resort is visited. Some of the sites include, Mt. Blanc, Mt. Tremblant, Tiara Mountain (New York), the south Laurentians and the Gatineau.

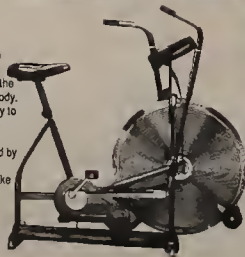
Snowhawks also has an instructor in training program, where students can then go on to be certified and become coaches themselves.

For more information contact the school at 233-0701.



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Podiatrist offers help for the neglected foot

Elliot Hoffman has done his best to educate the public and correct what is definitely the anatomy's most neglected body part. Always hidden in a shoe, the foot is ignored and only dealt with when it screams for help.

Toes are important for grabbing and locomotion. They are needed to propel you forward.

Proper care of the feet includes basic hygiene: washing and drying thoroughly, use of a talcum powder to dry and a cream to moisturize, and the wearing of cotton socks to absorb moisture.

Preventative care is crucial according to Hoffman. People should always stretch before exercising and warm down when finished.

Dr. Hoffman is also a firm believer in the R.I.C.E. program to combat injury: rest, ice, compression and elevation.

Hoffman dismissed many misconceptions as old wives tales.

In-grown toenails are not a result of improper cutting, but rather a functional deformity. i.e. toenail is too wide for the toe.

Calluses and bunions don't occur from improper shoes but are hereditary.

Cramps, more often than not are a functional deformity. Increased intake of water and

potassium can alleviate cramping.

Foot problems have come to the fore mainly because our life span has increased and doctors are seeing more overuse syndromes. We are more health conscious and sports oriented.

Orthotics helpful

Our mind set today doesn't allow us to put up with problems. We want solutions.

Dr. Hoffman believes orthotics to be a helpful tool. He draws an analogy between orthotics and glasses. Both accommodate an already existing

problem so you can function better.

As to the age old question of when children should begin wearing shoes, Dr. Hoffman believes that kids can function well till 5 years of age without footwear. Till then shoes serve only as a protective measure against injury. After 5, a rigid sole shoe is recommended as the arch starts to develop in place.

Podiatry is partially covered by O.H.I.P. and the Associates in Podiatric Medicine offer special consideration for seniors.

Company attempts to ease homecare crisis

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look upon themselves as helpers to those in need.

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Premier fitness facility appeals to all types

The O.A.C., as it is affectionately called, is one of North America's pioneer facilities catering to the population's demand for a multi-use plant.

First opened in October of 1976, the club has grown to its current membership of 5,000. Fourteen years ago, Sol Shabinsky had a vision of such a facility, and he saw his ideas to fruition.

Since its opening, the club has been renovated, redecorated, revamped and increased in size.

This year alone, several hundred thousand dollars was spent on new squash courts, new workout equipment, new carpets in the locker rooms, an aerobics studio and further computerization.

The club has 100 full and part-time staff, properly trained and certified in their areas of expertise.

Appraisal centre

The O.A.C. is a certified fitness appraisal centre, with many of the trainers holding degrees in phys. ed. and kinesiology.

The Ottawa Athletic Club has a 72% renewal rate among its members, something they are very proud of.

Ian Borer, vice-president and general manager, feels that the key to their success is customer

service.

"Our hope is to retain members, and our staff are hired on the basis of how they relate to people."

The O.A.C. believes that their prices are competitive,

with everything all included and no hidden costs.

Other clubs are half their size and not as diverse.

Where else can you work out, get a haircut, massage and buy running shoes under the

same roof?

Borer believes the trend in aerobics will continue through the '90s, with a particular emphasis on low impact activities.

People who have fewer dollars to spend on travel and other extras can still have a holiday in the city by belonging to a club.

The facility appeals to the whole family. Every member can participate, no matter what age.

In fact, a quick perusal of the O.A.C.'s brochure illustrates just how eclectic a program they do offer. Everything from weight programs to ballroom dancing from tai-chi to first aid from nutrition counselling to birthday parties.

Rented out

The club has excellent facilities that can be rented out for private parties and in-house seminars.

Many corporations rent out the facilities for their employees, providing them with an education and fitness day.

The O.A.C. also owns Bodyworks, which has two locations; one on Cooper and Elgin and the other at Holland Cross near Scott and Holland Avenue. Memberships are interchangeable.

The Ottawa Athletic Club is a member of the Quebec and Ontario Indoor Tennis Association and the International Racquet Sport Association. Part of the benefit is that club members have reciprocal privileges

worldwide.

Memberships to the O.A.C. are numerous. There are adult, couple, family and full memberships. As well, there are fitness, tennis, corporate and non-prime-time options. They also offer seasonal subscriptions. In fact, summer memberships are very popular.

Law forbids

Government regulations have cleaned up the industry tremendously. Provincial law forbids the sale of multiple year memberships.

The O.A.C., in its efforts to become socially responsible in the community and in its willingness to promote goodwill, sponsors many events throughout the calendar year.

Among these are an annual 5 kilometer corporate relay, a triathlon in the Catineau Hills, and fundraisers for such organizations as the Heart Institute, the Food Bank, C.H.E.O. and the Snowsuit Fund.

Club credo

The Ottawa Athletic Club has a mission at the beginning of its brochure. One of its aims is:

"To treat each member as though the success of our club depends on that individual alone."

That credo, combined with attention to service and programs, has kept the club in the forefront since its inception.

"That we deliver what we promise," will bring the club continued success through the '90s.

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Kosher T.V. dinners for seniors, small families or for that "don't feel like cooking"

night.

The store also stocks fresh meat, fish and poultry.

Shelves offer up everything from noodles to paté.

Fresh baked kosher goods from Montreal are available on a daily basis.

Monthly specials

Zing's also features monthly specials to entice the shopper. (*see ad in supplement).

For the bagel lover, Greenbank Rd. is the place to head.

The Bagel Oven and Deli are purveyors of some of the city's best bagels. Apart from sesame and poppy, you can also find onion and pumpkinseed, all

cholesterol free.

True to its name, the Bagel Oven features deli products. Meat, smoked fish, latkes, blintzes, herring, eggplant, gefilte fish, are just a few of the products behind the glass showcases.

Kosher bread products from Montreal are also available including, chalah, danish and sweet rolls.

The Bagel Oven and Deli will be glad to cater your at home needs by assembling platters upon request.

So next time you have a hankering for the Brown Derby instead of heading out to the 417, come to the west-end!

Clinic gives athletes relief as therapy proves successful

Ginny Boro had a dream of opening up her own clinic. After twelve years of being associated with the Carleton Sports Medicine Clinic, she approached the city of Nepean. Together they came up with a facility and a practice. In 1988, the Virginia Boro Physiotherapy Clinic and the Nepean Sports Medicine Centre were born.

Boro, a graduate physiotherapist of the University of Toronto, has built up a large practice dealing with the treatment of sports-related injuries.

She is also involved in a pilot project in association with the Ontario Ministry of Culture and Recreation. Together they have set up a program for the prevention of injuries.

Boro's clientele is a combination of children, seniors and elite athletes.

"The biggest mistake people make," says Boro, "is that they play through their pain."

Others think that they should rest their injury. The pain then becomes chronic and is more

difficult to deal with.

Often people apply heat to the injury sooner than is required.

One of the biggest advantages of the Sports Medicine Centre is that people can be seen quickly.

A patient's problem can be assessed by one of the team members and physiotherapy can begin immediately.

The team members include an orthopedic surgeon, two doctors with a special certificate in sports medicine, three physiotherapists, a massage therapist and a kinesiologist.

Rather than getting fit by playing a sport, people must be fit before playing a sport.

Boro recommends cross-country skiing, swimming and cycling as the best exercise for both strength and cardiovascular gain.

The Sports Medicine Centre also does counselling, including instruction on equipment, exercises, and preventative measures.

Boro's staff is also competent in the areas of bracing,

splinting and taping.

In promoting safety in sport Boro cautions managers, coaches and parents. She encourages kids to go into sports that they're best suited for.

Often kids get injured and don't get better because they don't enjoy what they're doing and they don't want to go back.

"Don't push your kid," says Boro.

Though not covered by O.H.I.P., the Clinic will accept private medical insurance.

Conveniently located at Woodroffe Avenue, the Virginia Boro Physiotherapy Clinic is open Monday to Friday 8:00-6:30.

Healthy weight loss trims excess lifestyle habits

Susan Bronshter, director of the Diet Center states that for many, food is a coping mechanism for stress.

"It takes a lifetime to change habits. Diet is a way of eating."

The word diet has become a four letter word in our society. People need support and encouragement. The Diet Center provides that through daily counselling as well as weigh-ins.

It is important to give positive strokes. For that reason all staff hired must be former clients. They themselves know the agony of weight control and can better advise the customer.

There are three stages to the Diet Center's weight loss program. 1: reducing phase, 2: stabilization, 3: maintenance.

99% of people have been on diets before. They have lost and gained. The idea is to keep it off.

Not only does the Diet Center teach you how to count calories but also to understand the nutrients that the body requires. The body needs

balance.

"Eat the right food so the food isn't controlling you."

The Diet Center offers a free initial consultation. Payment is determined by the number of pounds the client wishes to lose.

Relaxation art heals ailments

Reiki is a natural healing art that was discovered in Japan in the mid-1800's. Reiki means universal life energy. Ki means vital life energy.

The art or technique of Reiki is that of energy focus through the hands.

Reiki speeds up the healing process and can release the cause of disease in the body.

Most minor aches and pains can be relieved within just a few minutes.

Reiki accelerates healing, brings about a stage of deep relaxation and can be an impetus to spiritual growth. For more information call Reiki Master Leah Smith at 727.8210



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Selection and savvy make sports store special

The fitness fad that began in the 80s is here with us still in the 90s.

Capitalizing on this trend, David Ross and George Sayn-Wittgenstein decided to open City Wide Sports.

Ross and Wittgenstein are proud of the fact that they treat all their customers equally.

The inventory is overwhelming at City Wide Sports, but competent and trained sales staff will lead you in the right direction.

A quick battery of questions will enable the staff to determine the customer's preferences

and their interests.

New and hot on the market are stair machines. There is little or no impact, so you have the benefit of the stairs without the harmful effects.

Stationary bikes have come a long way from the 50s. Many are now equipped with electronic devices and computers to calibrate a range of statistics. The more extensive the machinery the higher the price.

The folks at City Wide Sports recommend you keep your equipment in your bedroom where you can see it and walk around it. The basement is not as good a location, for,

"out of sight, out of mind!"

The Schwinn air dyne bikes are very popular because since they work on the principle of wind resistance, the whole body gets a workout at the same time.

The load is shared throughout the whole body so no one area gets tired more quickly.

Fitness training

The treadmill is another piece of equipment that has become popular in fitness training. Here you get what you pay for. Some machines go for as little as \$1200. The more belts and whistles, the more expensive the machine.

Those that use a treadmill for walking can place it in the bedroom. Those that use it for running are better off keeping it in the basement.

For joggers, the treadmill offers a safe alternative to icy and dark winter conditions if you run outside.

Ski machines and rowing machines are two other types of equipment that may appeal to

the health conscious.

Another area that City Wide Sports excels in is the home gym. The benefit of this machinery is that everything is hooked up with one cable, and nothing has to be changed. A spotter is not needed so a person can work out on their own.

Weight benches on the other hand have more mobility, but having someone spot you is advised.

The store is crammed with accessories including mats, pulse monitors, dumbbells, and supplements.

For those wanting to start a home gym, David Ross recommends two pieces of equipment. An A-body junior for anaerobic fitness and either a bike or rower for your aerobic workout.

Excellent service

The staff at City Wide Sports are trained to offer you a workout program as well as performing a body fat percentage test.

City Wide offers an excellent repair and delivery service, usually guaranteed within 24 hours.

New products are always coming out on the market. A fast selling item these days is a book rack for those who wish to read and exercise at the same time.

The store prides itself on service, and treating its customers well.

The management invites interested people to come down to one of their two locations and try out some of the merchandise.

Regenerate your body with ancient formula

According to Adele Tate she is living proof that Sunrider products work.

Adele Tate is a young woman who was stricken with a blood disorder many years ago. Her illness was becoming progressively worse till she came upon Sunrider products purely by chance.

Sunrider is a company founded by Dr. Chen in December of 1982. Its headquarters in California, the company does a \$20,000,000 volume per month.

Some of his formulas have been handed down in old manuscripts that once belonged to the ancient emperors.

Sunrider believes in health through regeneration. The body is a collection of organs and cells that must be kept in harmony and balance.

Regeneration begins with whole foods i.e. fruits and vegetables.

Sunrider products are in powder form. The only thing taken out is bulk and water. This concentrated form is easy to assimilate in the body.

Tate warns that these products are not a curative or magic. They give the body the best environment to heal itself.

The company carries three lines of products. Sunery line: a basic health line. Vitalite: a weight management line. Kandens: skin care and make-up.

The Sunery line provides

you with a feeling of well being so you're not as hungry and you lose weight. The body is nourished properly and the excess is automatically eliminated.

The Sunery line has three components. A powder that can be added to tea, juice or placed on hot cereal.

A beverage that comes in the form of a tea bag that cleanses the cells, and increases concentration.

A capsule that strengthens the different systems of your body and is particularly good in alleviating P.M.S.

Now comes the happy ending. Adele Tate had been suffering for 14 years. She was taking large doses of cortisone and sulfa drugs. Her body was building up a resistance to these drugs and she was still continuing to bleed.

Her disease prevented her from eating and made her sick.

But with the introduction of these special herbs Tate recovered quickly. There has been no recurrence of illness in two years. More importantly, she has been drug free that whole time.

Sunrider products are available through sales representatives.

Tate does product demonstrations the first Wednesday of every month. Those interested or who would like more information are encouraged to contact her at 741-9509.

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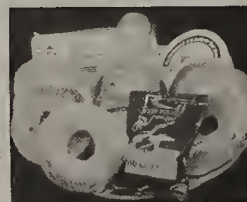
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Virginia Boro Physiotherapy Clinic

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Rabbi Reuven Bulka, co-chair Soviet Jewry Committee, and Vazd President Dr. Eli Rabin with embassy staff person inside the Russian Embassy gates.

Soviet Embassy gates open for first time in years of rallies

The doors of the Soviet Embassy on Charlotte Street opened on October 14 for Jewish Community leaders for the first time in years of Soviet Jewry rallies.

Soviet Jewry Co-Chairperson Rabbi Reuven Bulka and Jewish Community Council President Eli Rabin gave Soviet Embassy First Secretary Vladimir Lavrentev the community's message of thanksgiving and ongoing concern for the security of those who remain.

The ease of entry to speak to officials paralleled the open doors in the Soviet Union where tens of thousands of Jews are emigrating to Israel.

Ottawa was the only Jewish community in Canada to conduct a rally this year.

"I think it was the right thing to do and we will continue to do it," said Rabbi Bulka.

"We must show our appreciation as long as the Soviets are doing what they are doing and are on the right track. Continuing good actions are not a one shot deal for us or for them," he said.

Soviet Jewry Co-Chairperson Sunny Tavel said the Jewish community must help send a message to the Soviet Union

"To Keep up the Momentum."

A parade of about 100 people, many of whom had attended rallies throughout years of struggle for Prisoners of Conscience, was addressed by Rabbi Bulka and MP David Kilgour.

Mr. Kilgour also stressed the

need to keep a constant watch on the rights of Soviet Jews.

Rabbi Bulka told the rally that First Ambassador Lavrentev asked them if the "Simchat Torah holiday" had been a good one. The years of rallies have educated them, he said.

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Spotlight on Women's Division UJA

By Roslyn Kimmel
Women's Division Chair

Miracle of Rescue and Redemption

The miracle of rescue and redemption has permeated our community.

From the 700 people who came to the Celebration of Freedom Event to meetings with contributions one on one, this modern day miracle is touching each and every one of us.

This support has translated into dollars. At the time of writing, Women's Division has raised \$378,635. for the regular campaign and \$321,978. for Operation Exodus for a total of over \$700,613.

We have seen Women increase their regular pledges tremendously and then pledge over a three-year period triple that to Operation Exodus. However, I am deeply concerned that some women are not attaching enough significance to Operation Exodus.

In 1939 we waited for 1990. We cannot afford to wait. Emergencies aren't scheduled. We are talking about a once in a lifetime exodus of Jews from danger to freedom.

The numbers are overwhelming. 40,000 per month are now expected. G-d bless the people of Israel who are making sacrifices and doing with less. Israel cannot handle this exodus alone. The Jewish world must be behind Israel in resettling Russian Olim.

This is a time for us to re-evaluate our priorities. I can't remember a time when I had to live without something. Can you? Maybe it's time we started. It may save a life.

It is my wish for the New Year 5751 that every Jewish woman in Ottawa should be proud to say "I helped bring them home."

If you have not yet been canvassed, think with your heart when your canvasser calls. If you want to reconsider your pledge, call your canvasser or the U.J.A. Office.

Contact me if your group or organization would like to hear more about Operation Exodus. We have videos available and women who have witnessed this miracle firsthand. They would be happy to share their experiences with you.

Women's Division Upcoming Events

- November 1 — Outreach Meeting (Home of Carol Greenberg)
- November 5 — Women's Division Telethon
- November 26 — Educational Seminar by Sara Vered, Part I (Home of Enid Gould)
- December 3 — Seminar by Sara Vered, Part II (Home of Linda Nadolny-Cogan)
- December 10 — Channukah Cabinet and Canvassers Meeting 7:30 p.m. (Home of Elissa Iny)



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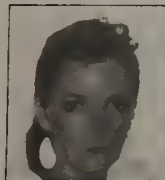
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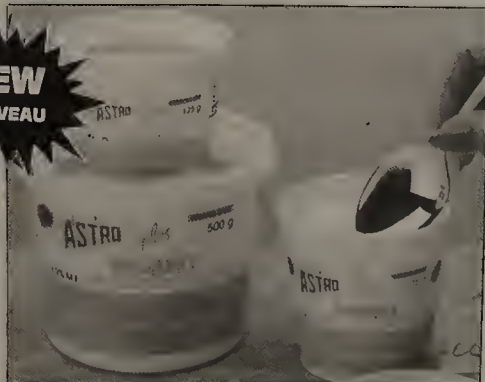


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Overview: Temple Mount incident continued from page 2

and fundamentally a natural reaction to the recognition that such assaults are designed to prevent Jews from worshipping at the Kotel, to make Israelis feel that they are prisoners in their own country whose movements must be seriously restricted lest they come to harm. This argument has been advanced, somewhat more subtly than others, by many Palestinians since the late 1970s.

Those Israelis who gathered at the Kotel were doing so to celebrate the religious festival of Simchat Torah. While it is true that these people were joined by others who sought to formally demonstrate their absolute refusal to accept that Jews should be forced away from one of their holiest places in their own country, this does not transform the gathering which took place at the Kotel on October 12 into an anti-Palestinian rally nor a rally to endorse the killing of Palestinians.

Following the incident of October 8, the Israeli government chose to set up an independent commission of inquiry into the whole affair. This was not motivated by the global condemnation of Israeli action, nor was the mandate of the commission restricted to investigation of the deaths of the Palestinians.

Questioned preparedness

In Israel, many have questioned whether, in view of the signs that trouble was brewing, Israel's police should have been better prepared to deal with this situation. As well, as is the case in any instance where the Israeli police are involved in a situation where ammunition is fired and death/injury occurs, there is a requirement that there be an investigation.

Since the shooting, the commission has been appointed and has begun its work. Many people have come forward to testify and, at the same time, many are repeating their version of the events for the benefit of the media. This has led to a number of media reports which suggest that one version or another is the accurate account of what went on. However, in the final analysis, only when the commission's report is published will a truly correct and detailed account be available.

There are those who have suggested that the Israeli commission of inquiry will not be objective enough to properly investigate and analyze the events and thus render a report which can propose effective solutions. To accept this argument is to refute the continued and unhindered operation of Israel's judicial system and democracy and to deny the respect which is due to the commission. This argument, which is quite unjustified, is often espoused by the very people who cite passages of the reports of various

previous Israeli commissions of inquiry (most notably those which investigated Israel's relation to the Phalangist massacre of Palestinians at Sabra and Shatila, and the incident of a bus hijacked by terrorists) in order to strengthen their condemnation of Israeli behaviour and practices.

Whatever the result of the commission's work, it must be hoped that its findings will be fully reported, in an honest and reasoned fashion. The reports must recognize the context within which the situation has occurred, and, at minimum, affording Israel the positive credit it deserves for being a democratic country which is willing to honestly address such difficult situations.

Presented brief

THE ZAMIR Commission, which is investigating the incident on the Temple Mount, visited the Al-Maksad Hospital to interview Arabs injured during the riot of October 8. The committee members made their visit in cooperation with the Chairman of a group of Arab doctors which has already presented an initial brief to the commission. Ha'aretz reports that the committee members, escorted by a translator in an IDF uniform, were in the hospital for over three hours and listened to the testimony of the hospital's director, members of the medical staff and six people wounded in the incident. The paper notes that not all of the wounded in the hospital agreed to testify to the committee. The committee members came to the hospital with detailed maps of the Temple Mount area and asked the witnesses to use the maps to explain exactly where they were when wounded.

Zamir and the hospital officials did not allow the press to accompany the committee when it conducted its interviews. Zamir further refused to be photographed with the wounded telling the press that the wounded were "not decorations". Zamir also refused to answer reporters questions.

Inquest not deaths

IN ADDITION to the inquiry commission there will also be an inquest into the deaths of the 21 Palestinians who died in the October 8 riot. Ha'aretz reported that the Israeli Police had asked the court to order an inquest.

UN SECRETARY General, Javier Perez de Cuellar, has said that even if he does not receive a clarification of Israel's position on the country's willingness to accept a UN commission to investigate the situation in the region he will be compelled to consider his options to proceed. Davar reports that if de Cuellar does not receive answers to his questions concerning Israeli cooperation with the UN investigating team, which were presented to Israel's ambassador to the UN, that he will then have to draw

conclusions and make certain decisions. The paper adds that a British source says the 15 members of the Security Council are inclined to have the Secretary General send the team to the region even if Israel continues to oppose its presence. The paper also notes that Israel's Foreign Minister, David Levy, has sent a letter to his U.S. counterpart, James Baker, which stresses Levy's position that Israel's sovereignty over Jerusalem was not weakened by any statements contained in his letter to the Secretary of State regarding guarantees concerning settlement of Soviet Jews.

Davar also reports that Deputy Foreign Minister, Yonatan Netanyahu, has suggested a possible compromise solution. Netanyahu said that "Israel is opposed to an inquiry commission under UN auspices which damages Israeli sovereignty. The UN resolution asks the Secretary General to provide a report but it does not require him to send a delegation. There is no restriction upon the Secretary General to choose other options. If he wishes to write a report that is his prerogative."

Using differences

THE U.S. is using its recent differences with Israel to strengthen its position in the Gulf, according to Israeli and American diplomatic sources cited in Ha'aretz. The paper reported that both Washington and Jerusalem are stressing that their current differences do not represent a serious deterioration in the close relationship between the two traditional allies. In addition the Americans appear to have reassured Israel that they are not suggesting that Israel's position on Jerusalem was weakened by commitments given to the U.S. in a letter sent by David Levy to James Baker. Baker has agreed with pro-Israel Senators that it would be unwise to publicly air American differences with Israel at this time given the situation in the Gulf. Baker also recognized that the Israeli position on Jerusalem was not the same as the U.S. position and that he accepts that fact. Baker said that Israel and the U.S. have a difference of opinion, as they have no other questions in the past, but that the two sides would overcome these differences. He added that one issue upon which there were no differences was the American commitment to Israel's security. Baker said that he was certain that this commitment was something the U.S. was willing to demonstrate and that the U.S. was doing exactly that. Baker concluded by stressing that there was a disagreement between the two countries over settlements in the territories, which the U.S. continues to regard as an obstacle to peace.

LEBANESE Christians have begun to flee Beirut now that it is under the complete control of the

Syrian-backed President. Ma'ariv reports that a number of Christian families has sought refuge in the Israeli Security Zone which is in the south of the country. The IDF and the South Lebanese Army (SLA) have begun preparing to absorb the refugees in the face of a very complicated and confused situation. The majority of the refugees are arriving with any possessions, food or medical supplies, bedding or other necessities. At the same time, security forces are making sure that none of the refugees is actually arriving in the area to carry out attacks upon the IDF and SLA positions.

Cannot move forward

EGYPT has accepted that it cannot move forward with its recent peace initiative now that Yasser Arafat has told Palestinians in the territories not to cooperate with the Egyptian plan. Yehudi Aharoni reports that Egypt had approached PLO representatives in Cairo to ask them to request that a delegation of Palestinians who have had prior dealings with Cairo travel to Egypt to consider ways in which to begin a dialogue with Israel. The Palestinians responded that there was no merit to any plan or dialogue which did not feature the PLO in a central role. Egypt's Foreign Minister Dr. Bhutros Gali told the paper's Cairo representative that Egypt would support negotiations between Israel and the residents of the territories only if the Palestinians were willing to accept the framework for the talks. Gali said "as long as the PLO continues to represent the Palestinians no negotiation will be held to resolve the Palestinian problem without PLO participation. However, if the Palestinians in the territories agree to another framework that will also be acceptable to Egypt". In response to the question as to whether the Gulf Crisis had effected a change in Egypt's position on the PLO, Gali said "from our side there is no change, it is dependent upon the Palestinians".

Gas masks

JERUSALEM'S children will not receive the same gas masks as children elsewhere in Israel due to a shortage supply. Judy Siegel, writing in the "Jerusalem Post" says children aged 3-8 in Jerusalem, along with some in other parts of the country, are receiving locally manufactured small gas masks attached to ordinary plastic bags which are tied over their heads, instead of imported masks which have a special hood with a motor which pumps in fresh purified air and which are being distributed in the rest of the country for the use of young children. Small children in Jerusalem, who were brought to distribution centres earlier this week, were frightened by the masks with plastic bags, and either

refused to put them on at all or ripped them off immediately. The imported apparatus does not cling to the child's face like a gas mask and makes children feel that they are playing astronaut. While soldiers did demonstrate how to use the masks with plastic bags, an IDF instructional video specifically demonstrated the use of the imported masks which led to a degree of confusion among parents.

An IDF spokesman conceded there was a shortage of the imported product, known as "Bardas", but said that the small masks and plastic bags were a cheaper and more available alternative. He added that authorities were aware that children would be frightened by the alternative but said the IDF intends to exchange these for the Bardas when there are more available. The IDF said the shortage in Jerusalem was unintentional and the spokesman asserted that the small masks were as effective, but conceded that the hoods — which are strapped onto the child's shoulders and waist — cannot be easily removed unlike the alternative which a child can easily remove if frightened. Siegel reports that the IDF did not explain why the younger children were being given these improvised masks when it was likely that older children (aged 7 and 8) across the country would be less frightened by the masks and bags.

REUTERS reporter Robert Mahoney has created a storm of controversy over his report of Simchat Torah celebrations at the Kotel. The Jerusalem Post reports that the Israeli Government Press Office (GPO) is planning to take severe action against Mahoney. GPO Director Yossi Olmert said the response could include a cancellation of the reporter's press credentials. Mahoney's story, headlined "Jews dance near bloodstain of Temple Mount" carried a lead paragraph which some refer to as having an anti-semitic bias.

The paragraph stated that Jews "in black hats and frock coats, danced and sang in a religious festival by the Wailing Wall early on Friday near the bloodstains of 21 Arabs shot by police on Monday. About 10,000 Jews...roared with approval as speakers defended the shooting which has earned Israel global condemnation." Olmert summoned Mahoney and asked for an apology or a retraction, neither of which was forthcoming. Olmert told the Post he had explained to Mahoney that he had apparently not understood the celebration at the Wall, and gave him every possible means of extracting himself from an unpleasant situation. Olmert did not specify what measures would be taken and would not rule out removing Mahoney's credentials. Olmert published a "tough" response.

Yakov Feig appointed director of youth programming for BSW

The Congregation Beth Shalom West Steering Committee has announced the appointment of Yakov Feig as the synagogue's new Youth Director.

Yakov will be responsible for youth programs for all age groups from elementary to high school.

The congregation provides for an active Junior Congregation for the younger set on holidays and every Shabbat as well as Shabbat afternoon programs and special trips and events.

At the high school level, Beth Shalom West prides itself on the responsive and dynamic nature of its programming. A native of Ottawa, Yakov is a graduate of Hillel Academy, Nepean High School and the Ariel Hebrew Program.

Following a year of studies at the Hebrew University in Jerusalem, he is continuing his education at Carleton University.

He has long been an active participant and leader in youth programs in Ottawa.

His leadership ability in Jewish youth activities has excellent roots in U.S.Y. (president 1986-87), N.C.C.J.Y. (now named J.T.L.C.) (chairman 1987-88) and Hahonim DROR (ten years' involvement and Rosh Dror in 1988).

Yakov will also be remembered for his role as Motei the Tailor in the first JCC teen production of "Fiddler on the Roof".



Marten Brodsky



Yakov Feig

In October, two excellent teen events took place under Yakov's direction. On October 14, synagogue teens met a Russian Jewish student and then joined the community Simchat Torah rally to demonstrate support for Soviet Jewry. October 19 was designated "Fantastic Friday" with an Oneg Shabbat, full course dinner, and guest speaker on the topic of "Drugs and Alcohol".

"This is just the beginning," says Feig, "many more exciting programs are being planned and full participation from across the community is welcome."

"The secret to success is in listening to what our young people want to see and responding accordingly," he added.

Marten Brodsky, who was elected chairman of the Steering Committee in June of this year, said: "Yakov Feig's appointment to direct our

youth programming brings to Beth Shalom West and to the entire community fresh enthusiasm, creativity and dynamism. The synagogue has taken great pride in its youth activities in the past and gained the reputation "Best in the West".

"Yakov's appointment ensures with confidence that the youth program will reach out to and serve even more of our members and across the community," he added.

Rabbi Gershon Sonnenschein, spiritual leader of Beth Shalom West, was instrumental in making contact with Mr. Feig and enlisting him to direct the synagogue's vibrant youth program.

For further information on upcoming youth programs, call the Synagogue office at 723-1800 or Yakov Feig at 729-2912.

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Humor and flexibility a must

Juliana Starkman shares 'a typical day in Israel'

By Juliana Starkman

How does one spend a typical day in Jerusalem? Canvassing for support for the Mormon university? Playing "spot the West Bank licence plate"? Perhaps a round or two of the ever popular game "let's complain"!

Life in Israel demands a healthy sense of humour, a lot of flexibility, and comprehension of the fact that Israelis are not nosy, nor are they short-tempered.

Real family mentality

The Israeli mentality is a real family mentality. People don't stand on ceremony because, after all, when a family member is annoying or disappointing you, don't you let them know about it?

Although this family-like closeness is, of course, appreciated, it occasionally results in the traditional Middle Eastern commentary on one's mother's private life. After all didn't we learn in school that "all Israelis are responsible for one another"?

After a year in Israel, I too have begun to experience life as it is known by Israelis; this means accepting unbelievable experiences as perfectly normal.

Each day I wake up to the Jerusalem sunlight and immediately begin to exercise as I run like crazy for the Egged bus which always pulls away from my stop exactly 20 seconds before I reach it.

A roll and Shoko

I give up the idea of arriving anywhere on time today and pull my hyperventilating self across the road to the corner store to buy a breakfast roll and some Shoko (chocolate milk, for the uninitiated).

The store is closed; the owner is up north on army reserve duty. This is not good, as my fridge contains nothing but an ancient container of yogurt and some pita.

As I cross the street back to the bus stop, the bus pulls away as the driver smiles at me.

I arrive at the Ministry of the Interior an eternity later, and take an unanticipated, intensive course in Russian. The clerk refuses to believe I'm not a Sabra. I don't speak Russian, and apparently no one in the office speaks anything but! A special translator is found to speak to me in Hebrew. I whizz

through the offices at the speed of light and am out in a record time of only *four hours!*

I recall the lack of fruit (and everything else) in my fridge and so as long as I'm downtown I decide to go to the market at Machane Yehuda. This is always dangerous, as the vendors have a practice similar to Baskin-Robbins' "taste spoons."

As I work my way through the fruit stalls, I feel the pounds (kilos in Israel) sneaking onto me. Watermelon, strawberries, apricots... and kumquats (living in Israel, I finally learned what a kumquat is. It's only a miniature orange. I, for one, was a bit disappointed).

I decide to go back to the apartment and do some heavy duty cleaning. While I'm on the bus, a young Japanese woman gets on with four small children. As she tries to seat them all quietly, the eldest girl, who is about five years old yells at her mother in Hebrew "I don't have to sit there if I don't want to!" This tyke was obviously well taught by her Israeli compatriots in the neighbourhood Gan. This may be the person whom the Japanese are looking for to revolutionize their school system.

Head for the beach

The bus finally gets to my stop. I meander down the road to my building, anticipating the worst. I walk in the door; the apartment is a mess. It's still early in the day so I decide to do the responsible thing and head straight for the beach. My heart is in Jerusalem, but my tan is in Tel-Aviv!

Egged now has double-decker, intercity buses. I am eagerly anticipating a seat on the upper deck, but am not willing to get a black eye over it, so I accept a seat on the bottom level, next to an American teenager. She is trying in vain to catch the attention of a soldier as he sits down in front of us.

Out like a light

I mumble to her "forget it, the minute he sits down he'll be out like a light."

I am of course correct, and the humming of the engine is soon joined by a fierce snore. With a snore like that, this one's gotta be a commando!

Rule number one of Israeli etiquette is *never wake a sleep-*

ing soldier! I learned this from my boyfriend (also a sleepy soldier), who has been woken more than once by over-eager tourists and elderly ladies who resent him taking up two seats on the bus. The poor boys are exhausted, so let them rest when they have a chance.

The bus makes it to Tel-Aviv in the time it used to take me to drive from Arlington Woods to downtown Ottawa! Even better though is the fact that it only costs me \$7.00 (Canadian) for a round-trip ticket.

The central bus station in T.A. is like a city unto itself, where the main attractions are the stalls set up to sell panicky travellers anything from plastic shoes to cassettes of Eastern music. Sort of like living in a psychedelic K-Mart.

Huge discount

I can't resist a pair of cheap sunglasses; especially after the salesman gives me a "huge discount, because you are from a kibbutz." Actually Sir, I'm from Jerusalem, but thanks anyway. Now I know that I look like a mess. So, where's this beach that I keep hearing about; and how do I get out of this labyrinth of Madonna T-shirts and platform shoes?

As every real Israeli knows, the #4 bus goes to the beach in Tel-Aviv, so I quickly find the bus stop and get on. Thankfully the ride does not take too long, and soon I find myself standing on the sand, by the blue waters of the "yam." "Yam" is Hebrew for "sea"; in Israel this means either the Med, the Dead, or the Red! I stretch out my towel and adjust my Gideon Oberson.

An Israeli beach is sort of like being in the middle of a combat zone (and I mean that in the nicest sense possible). There is an Israeli beach game known as Matkot; a vicious cousin of paddle ball, which



Juliana and friend

strikes fear in the hearts of all those who have spent time on Israeli beaches. No matter where you sit on the beach, you are always in the middle of someone's game of Matkot.

After playing "dodge the Matkot ball" for an hour or so, I began longing for Zion (aka Jerusalem). So the intrepid traveller hopped back on the #4 bus, Gus.

I slept on the way home; funny how doing nothing all day can sap your strength. Summer always makes me tired.

As I get closer to the entrance of the city I feel a strange sensation; Jerusalem is at her most beautiful at night (no jokes please about the jumping

Jerusalem nightlife!) I feel so Israeli; I want to breathe the air of the city and walk along her cobblestone streets. But being a real Israeli now I know that now is not the time for exercise. *Thirtysomething* is on in ten minutes, and tomorrow I don't want to be the only one in East Jerusalem who doesn't know whether or not Michael Steadman went to shul on Rosh Hashana.

Juliana Starkman, a graduate of Hillel Academy and the Ariel Hebrew Program at Nepean High School, is currently in her second year at Hebrew University in Jerusalem. She is the daughter of Carole and Bernard Starkman.

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Should serve as a model anti-racist state

Now united: what the Germans owe the world

By Ian J. Kagedan

As a major, if not the leading power in Europe in this last decade of the twentieth century, Germany has both an immense obligation and an immense capacity to restore in some new form what it once sought to destroy.

In contemplating a single Germany, one cannot help but reflect on the reality of absolute evil it embodied in our living memory — which, in defeat, demanded that the country be rent asunder.

But we would be amiss in ignoring the accomplishments in Germany's more distant

past, and the present potential in that legacy, as long as it includes an active acceptance of responsibility for the events of the Nazi era.

A mass of humanity perished in a war fought to deny the claim *Deutschland über alles*. Six million Jews were exterminated in the Nazis' war within a war, their special effort to rid the world of the most ancient bearers of its moral conscience.

Human beings cannot be restored, but their message can, indeed, must be restored and exported, even as Germany

once exported hate. Their message was of the greatness that flows from the human spirit enjoying freedom and dignity. A new Germany must become an exponent of that message.

West Germans already have taken steps toward accepting responsibility for what Nazism imposed on the world. Among others, German President Richard von Weizsäcker aspired to this goal throughout a long career. It should now become part of the total German agenda.

Undertake program

Beyond expanding its educational efforts, Germany should undertake a legislative program to assure that hate-mongers and racists bear the full brunt of public scorn for their actions.

The Nazi element in contemporary Germany must be put down.

Various international conventions, in great measure developed in response to the horrors that Nazism demonstrated were within human capacity, could form a basis for such a program.

Inevitable participant

It seems inevitable that, despite a reasonable preference for more diversified sources of support, Germany will become the major outside participant in reconstructing the new democracies of Eastern Europe. Germany's sheer size and wealth will dictate its domination. The Soviet Union may itself come to be dominated by Germany in its own reconstructive efforts.

Supports in economic and technological matters will not be enough. Germany should realize an obligation to serve as a model anti-racist state.

The quest for some measure of justice requires this. It is as important for the future of Germany as for the future of its neighbors. It is important as well for all who are conscious of the judgment imposed by history.

Reprinted from The Globe and Mail, Tuesday, October 2, 1990.

Ian J. Kagedan is director of government relations for B'nai B'rith Canada and was a member of a delegation of Canadian Jews who met German President von Weizsäcker during his recent state visit to Canada.



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Pearl and Dave Moskovic on Michael's marriage and Beverly's engagement by Jerry and Lily Penso; and by Morton and Sheila Tanner.

Harry and Roseanne Prizant on the birth of their son by Gloria and Arni Faintuck.

Bernie and Ethel Rosenblatt on their 25th wedding anniversary by Leah and Ken Miller, Mitchell and Ellen; and by Morton and Sheila Tanner.

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Mr. and Mrs. Norman Steinberg on Brika's Bat Mitzvah by Susan and John Fisher.

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Gordon Viner on his special birthday by Gloria and Arni Faintuck.

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Introducing...Ottawa's 1990-92 Na'Amat Council

At its September Installation Dinner the new executive of Ottawa's Na'Amat Council (comprising four different chapters) took office for 1990-1992. They are, from left to right: Kinneret Gliberman, vice-president (also in charge of publicity and community relations); Ethel Malek, past-president; Lillian Laks, president; Tal Maoz, opening planner; Debbie Weinstein, recording secretary; Leslie Shinder, Soviet Jewry; Cynthia Cowan, cards; Candice Wilder, treasurer; and Judy Field, telephoning. Absent at photo time Jacquie Sitwell, membership; and Roz Taller, Telephone Directory.

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Outstanding Israeli musicians will perform at Freiman Hall Nov. 25

By special arrangement with the Israel Defence Force Authority, violinist Roy Shiloah and pianist Shlomi Shem-Tov, winners of the army's "Outstanding Musicians" competition, will tour North America this November.

The duo will perform in Washington, D.C., New York, Los Angeles, San Diego and Miami.

Under the auspices of the Canada-Israel Cultural Foundation and in co-operation with the Embassy of Israel and the Department of Music, University of Ottawa, the pair will perform in Freiman Hall on Sunday, November 25 at 8:00 p.m.

The 19-year-old violinist, Roy Shiloah, performed in Toronto as soloist with the Israel Philharmonic Orchestra in 1985. He has also performed with many other European orchestras including the London Symphony, the Royal Symphony Orchestra of Belgium and the Frankfurt Radio Orchestra.

A regular participant of the Young Musicians Program at the Jerusalem Music Centre, he is the winner of many Sharetz Scholarships and two-time winner of the prestigious Clairmont Award.

Born in Israel in 1972, Shlomi Shem-Tov began his piano lessons at the age of five and has performed with all the Israeli orchestras. At the age of 13 he performed Beethoven's Piano Concerto No. 1 with the Israel Philharmonic Orchestra



Pianist Shlomi Shem-Tov, left, and violinist Roy Shiloah.

and has appeared as soloist with the Royal Symphony Orchestra of Belgium and the London Symphony Orchestra.

Shem-Tov participated in many master classes with Isaac Stern, Menachem Pressler and others and appears regularly in recitals and concerts in Israel and Europe. He has won the Clairmont Award nine times and is a graduate of the Thelma Yellin High School for the Arts.

The duo will also perform in Montreal and Toronto under the auspices of the Canada-Israel Cultural Foundation. In Ottawa, the concert will be presented at the University of Ottawa and will be part of the 20th anniversary season of the

Department of Music at the university.

Concertgoers who have attended the recent CICF-sponsored concerts are aware of the high calibre of the Young Israeli performers.

Last June, the violin and piano duo of Hagai Shabam and Arnon Erez performed to a full house at Freiman Hall and went on to win first prize in the international Chamber Competition in Munich, the first Israeli team to win the renowned competition.

Tickets to the Ottawa performance are \$10.00 and may be purchased from the Department of Music, 564-2481 or from Evelyn Greenberg at 829-0797, or Ruth Calof at 523-1600.

Predicts ordination of gays as rabbis will become major subject of concern

By Marc H. Tanenbaum

NEW YORK (JTA) — Should gay and lesbian Jews be ordained as rabbis and allowed to serve Jewish congregations?

That controversial issue received widely differing responses in the Jewish community in recent weeks, and promises to become a subject of widespread soul-searching among American and Israeli Jews in the months ahead.

After four years of intensive study, the Central Conference of American Rabbis, the rabbinic arm of Reform Judaism, voted unanimously to welcome homosexuals into the Reform rabbinate.

In a delicately balanced statement — which deserves to be read in full — the CCAR resolution affirmed "heterosexual, monogamous, procreative marriage (as) the ideal human relationship (in Jewish tradition) for the perpetuation of species, covenantal fulfillment and the preservation of the Jewish people."

At the same time, the Reform rabbis acknowledged the reality of homosexuality among some of its members and sought to accord them full religious equality, including in the rabbinate.

Orthodox Jewish leaders vigorously opposed the Reform decision. The traditional view is based on the firm belief that the Torah and Jewish law strictly prohibit homosexual activity.

The Rabbinical Assembly, the rabbinic arm of Conservative Judaism and of which I

am a member, adopted a sensitive, if brief resolution last May. It welcomed gays and lesbians as full members in Conservative synagogues, deplored violence and prejudice against them and urged their complete civic equality, as did the CCAR.

While the biblical teaching in Leviticus 18:22 condemns homosexuality as "an abomination," my sense is that the oncoming debate will centre far more on sociological than on theological grounds.

The preservation of the Jewish family — which means the reproduction of Jewish children — has been the foundation stone of Jewish continuity and survival across four millennia.

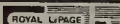
"Gay and lesbian 'marriages' — with some few exceptions of child adoptions or child-bearing through artificial insemination — becomes the equivalent to Jews of Catholic celibacy, 'the end of the line.'"

For centuries, rabbis have been upheld in Jewish communities across the world as role models of these Jewish family values. Not only were they expected to teach the biblical mandates of "be fruitful and multiply," but their family life normally became a model for bow other faithful Jews should construct their homes.

Reinforcing current Jewish anxieties about the homosexual rabbinate issue is the fact that American Jews have the lowest birth rate of any religious or

ethnic group in this country.

I believe that the fear that homosexual rabbis threaten Jewish continuity and survival — rather than sheer homophobia — is the primary force underlying the strong negative reaction of some Jewish groups to their ordination.



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Two attractive programs

Hadassah-WIZO offering bridge in Nov., Family Brunch in Dec.

Ottawa Hadassah-WIZO will be hosting two new events during the coming two months — a bridge afternoon in November, a Family Brunch in December.

The "First Annual Bridge and Dessert Afternoon" will be held Tuesday, November 13 at 1 p.m. at the Carleton Heights Community Centre at 1665 Apeldoorn off Meadowlands. Tickets are \$10 per person.

Duplicate and rubber

Dave Willis will be the director and duplicate and rubber bridge will be available as well as other games such as mah-jongg.

The event is being chaired by Liz Schwartz, Anna Cantor and Carol Pearl. The cost of the ticket includes admission and refreshments.

For tickets or information contact Liz Schwartz at 521-7036 or the Ottawa Hadassah-WIZO office at 728-3784.

The finale of this year's Youth Aliyah campaign, now in full swing, will be a "Family Brunch" to take place on Sunday, December 9 from 12 to 2 p.m. at Agudath Israel Congregation, 1400 Coldrey Ave.

In previous years the campaign has closed with a dinner but this year the organization is focussing on families.

The catered brunch will include both Russian and Israeli delicacies in keeping with the theme for the day — Soviet Aliyah. The price for admission is \$18/adult family member; \$20/adult non-member; \$8/children ages 5-19. There will be no charge for children under age 5.

Husband and wife co-chairs

A husband and wife team, Clary and Maureen Otmann, are co-chairing the event.

In addition, the brunch will

feature a performance by the International Folk Dancers in a display of Russian and Israeli dances as well as a folksinger performing songs from both countries. Children will be able to enjoy other activities such as a chance to design their own T-shirt with puffy paint.

Open to community

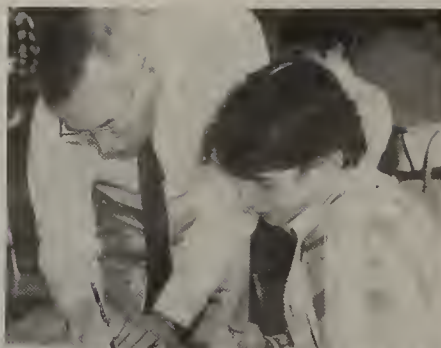
The community is invited to attend.

To date over 100 new Soviet Aliyah students are attending Hadassah, one of Canadian Hadassah-WIZO's schools.

Support needed

The brunch, like many other events taking place across the country, is to focus on the support needed for these children.

For tickets and information contact Gina at the Ottawa Hadassah-WIZO office at 728-3784.



Teacher Douglas Dougherty checks the math notebook of student Gidon Gross.

OTI freshman class largest in history

The Ottawa Torah Institute (OTI), Ottawa's only full-time Jewish high school, is looking forward to an exciting and dynamic school year.

In order to ease the pressure on OTI students, who carry a heavy load of both Torah and secular studies, the administration has made several changes in the daily schedule and is switching over to the semester system.

"The semester system allows the students to concentrate more on each subject as well as enabling those who wish to complete their diploma requirements within four years," Secular Director Alan Duffield explains.

Students will now study three secular courses in each semester, plus a credit for Hebrew and another credit for physical

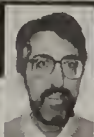
education over the course of the year.

The Torah studies program consists of Talmud, Jewish law, ethics, and the Sidrah of the week.

Secular courses being offered include art, computers, physics, and marketing, as well as different levels of English, mathematics and science.

A very positive sign at OTI this year is the strength of the freshman class, the largest in the school's history. Almost all members of the freshman class are local Ottawa graduates of Hillel Academy and Ecote Maimonides.

OTI hopes to continue increasing its enrolment both on a local level and from across Canada with a major recruitment program.



Congress in Brief

By Eric Vernon
Director of Legislative Analysis
Canadian Jewish Congress

Canadian Jewish Congress has been involved in a variety of different activities in Ottawa in the past month. Highlights of these initiatives follow; if you would like to discuss these or other matters with me do not hesitate to call at 232-7306.

•On September 26th, CJC President Les Scheininger and National Executive Director and General Counsel Jack Silverman addressed a meeting of the Board of Trustees of the Ottawa Jewish Community Council. Mr. Scheininger briefed the Board on a number of CJC activities in such dossiers as Israel action, Soviet Jewry, community relations, the "Get," and Nazi war criminals in Canada. In his remarks, Mr. Silverstone emphasized the important role of Ottawa within the national CJC scheme. Ottawa Va'ad President Eli Rabin reinforced this close relationship between Ottawa and national CJC.

•President Scheininger recently led a CJC delegation in a meeting with representatives of the Canadian Labour Congress led by CLC President Shirley Carr. A number of issues of mutual interest were discussed including forthcoming visits by both organizations to Eastern Europe, next year's Parliamentary review of federal employment equity legislation, and prospective co-operation in a CLC project aimed at sensitization about discrimination in the workplace.

•CJC sent a brief to the House of Commons legislative committee studying Bill C-63, an Act to Establish the Canadian Race Relations Foundation. The

government pledged to create such a Foundation as part of the redress package negotiated in 1988 with the Japanese Canadian community over World War Two internment. CJC generally endorsed the structure and primary mandate of the Foundation, which is to facilitate research and other initiatives aimed at eradicating racism and racial discrimination in Canada. Congress's brief offered several suggestions to enhance the effectiveness of the Foundation toward these goals.

•The Law and Social Action Committee of CJC recently sent a letter to the Hon. Barbara McDougall, Minister of Employment and Immigration to convey Congress's latest perspectives on issues in her Department. The Committee put forward several suggestions for improving the refugee determination system introduced early last year and also endorsed an increase in immigration levels with family reunification as the cornerstone of Canadian policy.

CJC welcomed a ruling last month by the Supreme Court of Canada which upheld an Alberta Human Rights Commission Board of Inquiry's finding of discrimination on religious grounds. The case involved a man who was fired because he stayed home on a day which was a non-work religious holiday for his Church. CJC had intervenor status before the Supreme Court. We argued that economic regulations like work schedules did not constitute what is known as a "bona fide occupational qualification" which, according to Alberta's human

rights legislation, has precedence over an individual employee's hardship. As CJC noted, "the Court has reaffirmed that an employer has a duty reasonably to accommodate an employee's religious observance."

•Representatives of Canadian Jewish Congress and B'nai Brith Canada met recently with West German President Richard von Weizsäcker in Ottawa. The Jewish delegation first commended the President for his strong moral stance toward recognition of German responsibility for the Holocaust, and for Germany's relationship with the State of Israel, including good bilateral trade ties. Next, concerns were expressed regarding the future of Germany following reunification. Issues raised included the willingness of former East Germans to accept responsibility for the Holocaust once they were exposed to the truth about it; the ongoing need to combat anti-Semitism in Germany; and the desirability of strong legislation with stiff penalties against neo-Nazism and incitements to racial hatred.

•The case against Michael Pawlowski for alleged war crimes continues in the Elgin Street Court House. The Crown has reappplied for authorization to send an evidence-gathering commission to the Soviet Union (for various reasons, the Judge in the case dismissed the first application.) At a recent proceeding, the Crown suggested a week would be necessary to argue the merits of the new application. The week of February 18, 1991 has been set aside for this hearing.

Jewish Community Centre of Ottawa

Institute of Continuing Jewish Education

TERM I

NOVEMBER 1990

COURSES

- I. HISTORY OF THE CANADIAN JEWISH COMMUNITY**
MONDAYS, November 5, 12, 19, 26, 7:15-8:15 p.m.
Instructor: Ian J. Kagedan
- II. THE JEWISH CONCEPT OF DEATH**
MONDAYS, November 5, 12, 19, 26, 8:30-9:30 p.m.
Instructor: Rabbi Arnold Fine
- III. ISRAEL: A SURVEY OF CURRENT ISSUES AND CHALLENGES**
TUESDAYS, November 6, 13, 20, 27, 8:30-9:30 p.m.
Instructor: Shimon Koffler Fogel
- IV. LOMEER ALEH ZINGEN: AN INTRODUCTION TO YIDDISH MUSIC**
WEDNESDAYS, November 7, 14, 21, 28, 7:15-8:15 p.m.
Instructor: Dov Vinograd
- V. MARRIAGE, JEWISH-STYLE**
WEDNESDAYS, November 7, 14, 21, 28, 8:30-9:30 p.m.
Instructor: Rabbi Reuven P. Bulka
- VI. LET'S CELEBRATE: LEARN THE HOLIDAY HOW TO'S**
THURSDAYS, November 8, 15, 22, 29, 7:15-8:15 p.m.
Instructor: Rabbi Gershon Sonnenschein

All courses will take place at the Jewish Community Campus, 881 Broadview. Cost: \$25.00 per course
To register call the Jewish Community Centre at 238-1818.

Active participant in Israel's history will speak on 'Zionism'

The founding of the State of Israel is viewed by some as an historical miracle.

Others see it as a result of the labour of very special people who dedicated, even sacrificed, their lives to an idea — a dream, so that we and generations to come can live in dignity in a hostile world.

A series of two lectures on the History of Zionism will be delivered by Sara Vered, under the auspices of United Jewish Appeal Women's Division.

The aim of the lectures is to develop in young people a deeper awareness of the history of Zionism, i.e. what brought about the establishment of the State of Israel and who were the people who made it possible.

The first lecture will take place on Monday, November 26 at the home of Enid Gould, 927 Killen Ave. The subject matter will deal with the history of Zionism from 1881-1914: how the Zionist idea was developed, the different streams of Zionism, and how people attempted to implement these ideals.

The second lecture,



Sara Vered

scheduled for Monday, December 3 at the home of Linda Nadolny Cogan, 914 Dresden Cres., will deal with the years 1914-1942 (First World War — Second World War): the history of the Yishuv and how the settlers dealt with the problems they encountered in the old-new land.

Both lectures will begin at 7:30 p.m.

Youth in Israel

Sara Vered came to Ottawa in 1956 having spent most of her youth in Israel. She served in the War of Independence

and the siege of Jerusalem and thus was very much a part of the formative history of the Jewish State.

Sara continued her studies at Carleton University specializing in art history and religion. She has been very committed to the Ottawa Jewish community and among the many positions she has held, she served as the second chairperson of Women's Division United Jewish Appeal.

Sara has always felt that education should be a major focus of the UJA campaign, and it is with this goal in mind that she has structured her two talks.

The lectures are dedicated to the pioneers and guardians of Israel — and to the young people of today — the spiritual heirs of the founding generations, who will make it their task to keep Israel strong and viable. It is hoped that the lectures will serve to spark interest and stimulate future indepth discussion.

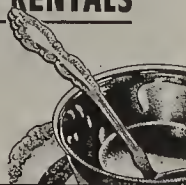
For further information and to reserve, contact Caily Kardash at 829-8959 or Tracey at the UJA office — 232-7306.

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HIAS processes record number Soviet Jewish refugees in FFY90

New York, N.Y. — A record number 39,000 Soviet Jewish refugees arrived in the U.S. during the federal fiscal 1990 (FFY90) which ended at midnight, September 30, 1990, according to HIAS, the international migration agency of the Jewish community.

The migration figure for FFY90 surpasses by some 10,000 the previous record of 29,000 Soviet Jewish arrivals to the U.S. set in FFY89. It also represents the end of migration of Soviet Jews to the U.S. by way of Vienna and Rome, the traditional route that refugees have taken out of the Soviet Union since the mid-1960s.

Switched site

As of the beginning of FFY90, the government switched its immigration processing site to Moscow; it took until the end of May 1990 to process the bulk of those waiting for INS approval in Rome and Vienna.

As of the beginning of FFY91, all Soviet Jews arriving in the U.S. will come directly from the Soviet Union.

In looking toward Soviet Jewish immigration quotas for FFY91, it is anticipated that the 1991 Refugee Order,

historically signed by the President in October, will allocate 50,000 refugee visas for the Soviet Union during FFY91, 40,000 of which will be for Soviet Jews.

This is the same visa allocation as for FFY90.

However, unlike FFY90, all 40,000 visas will be fully-funded by the federal government, as opposed to the 8,000 visas which received community funding only.

Agreement reached

During FFY90, in consideration of U.S. budgetary constraints, an agreement was reached that the Jewish community would cover, through private funding, the full costs of resettling 20 percent, or 8,000, Soviet Jewish refugees.

The reason for this was to enable more Soviet Jewish refugees to enter the U.S., while being mindful of the federal government budget crunch.

HIAS helps refugees in their migration by providing technical information and assistance to those seeking to immigrate to the United States.

The agency also coordinates the refugees' initial placement

in this country by linking them with local Jewish communities around the U.S.

BACKGROUND ATMOSPHERE

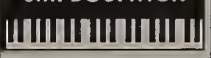
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IMPORTANT NOTICE — VA'AD HAKASHRUTH

The Ottawa Va'ad Hakashruth has seriously deliberated on the matter of kosher catering in our city over the past few months.

Recognizing that our population is growing, we have reached the unavoidable conclusion that we must expand upon present available resources.

The Va'ad Hakashruth and indeed the entire community is appreciative of the years of dedicated service provided by our existing caterers. The Va'ad's decision to expand kosher catering services has been solely designed to respond to obvious communal needs.

The Va'ad Hakashruth has decided to receive applications from which it will choose one more full-service caterer who will be licensed to serve the community. In addition, the Va'ad Hakashruth has decided to receive applications from smaller-scale enterprises who would like to prepare cakes and desserts for locally-based events.

All applications in connection with the above should be sent to:

Mr. A.J. Sarna
Chairman, Ottawa Va'ad Hakashruth
151 Chapel Street
Ottawa, Ontario

Temple Israel hosts 10th Celebrity Auction Nov. 17

The 10th Annual Temple Israel Brotherhood Celebrity Auction will take place on Saturday, November 17 at 7:00 p.m. at Temple Israel, 1301 Prince of Wales Drive.

Beneficiaries of the event will be the Alzheimer Society of Ottawa-Carleton and the Tamar Foundation, a non-profit organization providing co-op housing for developmentally handicapped Jewish adults in a Jewish atmosphere.

Over 100 items will be on the

auction block including art, collectibles, small antiques and bric-a-brac.

No admission will be charged but a coin-well and a soft-drink, coffee, light snack and wine bar will be available.

Anyone wishing to make a cash donation or donation of goods for auction can call Ned Segal at 749-6629 or 235-6706; Harry Gross at 733-7989; or Alan Shusterman at 725-2445.

The community is invited to attend.



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SKI & SKATE EXCHANGE

Saturday, November 3
9:00 a.m. to 12 noon
Hunt Club / Riverside
Community Centre
3320 Paul Anka Drive
521-1392



FALL CRAFT FAIRS

Saturday & Sunday
November 3 & 4
10:00 a.m. to 5:00 p.m.
Heron Road Multi
Service Centre
1450 Heron Road
564-7320

Canterbury Community Centre
2185 Arch Street
564-1068

Carleton Heights
Community Centre
1665 Apeldorn
564-1231

Saturday & Sunday
November 17 & 18
10:00 a.m. to 5:00 p.m.
Globe Community Centre
690 Lyon Street
564-1058

Dempsey Community Centre
1895 Russell Road
564-1186

Sunday, November 25
10:00 a.m. to 2:00 p.m.
Alexander Community Centre
960 Silver Street
564-1182

Saturday, December 1
10:00 a.m. to 4:00 p.m.
Ottawa South Community Centre
260 Sunnyside Avenue
564-1064

NOT-FOR-PROFIT COMMUNITY GRANTS AVAILABLE FOR 1991

The City of Ottawa has grants available for not-for-profit community organizations requiring financial assistance for community service, cultural, sport, leisure or tourism activities and events in the 1991 calendar year.

Grants are not available for capital equipment, office furniture or the funding of ongoing salaried and wage positions. The average grant allocation is between \$3,000. and \$7,000. The eligibility criteria can be found in the application package available at:

The Department of Recreation and Culture,
11 Holland Avenue, Tower A, 2nd Floor or
City Hall, 111 Sussex Drive, Ground Floor, Department of
City Clerk.

Applications must be submitted by Monday, December 3,
1990 to the Department of Recreation and Culture.
For further information contact Grants Co-ordinator,
Mrs. E. Iles at 564-1395

Échange de patins et de skis

Au centre Hunt Club/Riverside
Le samedi 3 novembre
3320, promenade Paul Anka
521-1392
De 9 h à 12 h

Foire d'artisanat

Au centre polyvalent du chemin Heron
Le samedi et le dimanche
3 et 4 novembre
1450, chemin Heron
564-7320

Vente d'artisanat des Fêtes
Au Centre
communautaire Alexander
Le dimanche 25 novembre
960, rue Silver
564-1182
De 10 h à 14 h
10 \$ par table

Marché aux puces et foire d'artisanat
Au Centre communautaire Dempsey
Le dimanche 25 novembre
1895, chemin Russell
564-1186
De 10 h à 14 h
10 \$ par table
Inscrivez-vous à compter du 1 octobre

Foire annuelle d'automne
Centre communautaire
d'Ottawa sud
Le samedi 1 décembre
260, avenue Sunnyside
564-1064

Vente d'artisanat des Fêtes
Au Centre communautaire
Carleton Heights
Le dimanche 25 novembre
1520, avenue Caldwell
564-1231
De 9 h à 15 h

Subventions de la Ville d'Ottawa pour 1991

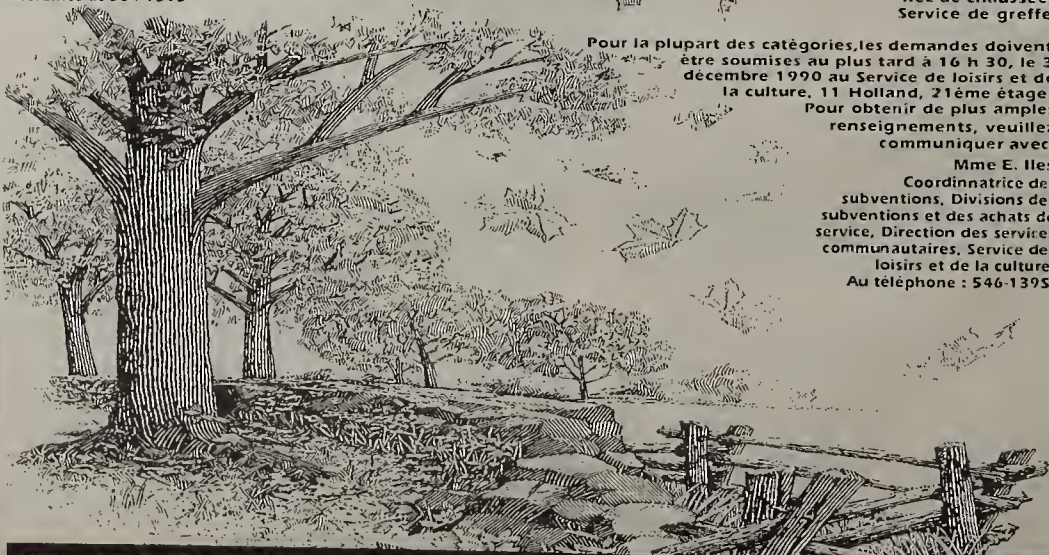
La Ville d'Ottawa offre des subventions aux organismes communautaires qui ont besoin d'aide financière pour leurs activités et événements de l'année civile 1991. Les subventions sont offertes pour les services communautaires et les activités culturelles, sportives, récréatives et touristiques. Les subventions ne visent pas le financement en immobilisations du matériel ou l'équipement de bureau, ni le versement de salaires permanents. Les subventions moyennes se situent entre 3000\$ et 7000\$. Vous trouverez les critères d'admissibilité dans la trousse de demande que vous pouvez vous procurer.

Au Service des loisirs et de la culture,
11, avenue Holland,
2^{ème} étage ou à
L'hôtel de ville d'Ottawa
111, promenade Sussex,
Rez-de-chaussée,
Service de greffe.

Pour la plupart des catégories, les demandes doivent être soumises au plus tard à 16 h 30, le 3 décembre 1990 au Service de loisirs et de la culture, 11 Holland, 2^{ème} étage.

Pour obtenir de plus amples renseignements, veuillez communiquer avec:

Mme E. Iles
Coordonnatrice des
subventions, Divisions des
subventions et des achats de
service, Direction des services
communautaires, Service des
loisirs et de la culture.
Au téléphone : 564-1395.



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11 Ave. Holland Ave., Tower "A", Ottawa, Ontario K1T 4S1 564-1234

Service des loisirs et de la culture



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The Board of Directors of the Ottawa Jewish Community Foundation acknowledges with thanks contributions to the following as at October 15, 1990.

ESTHER AND MATT AGES FUND
Best wishes to David Fine on his special birthday by Esther and Matt Ages.

HARRY AND SONIA AGULNIK FUND
Mazal Tov to Mr. and Mrs. Saul Cohen, Downsview, Ontario, on their 50th wedding anniversary by Beatrice and Moe Lesser; and by Mrs. Doris Astroff.

APPOTIVE FAMILY FUND
In memory of Jack Struthers by Howard Appotive.
In memory of Louis Lerner by David and Sharon Appotive, Howard and Sharon Appotive and Debra and Sia Bick.
In honour of Clara Slack on her special birthday by David, Sharon, Ryan and Jaye Appotive.

JACOB AND FANNY BAKER FUND
Happiest Mazal Tov to Lil and Eli Baker, Los Angeles, on their 45th wedding anniversary and Eli's 70th birthday by Inge and Al Hoffman.

ABRAHAM AND RACHEL BAROOK MEMORIAL FUND
In memory of Dr. Gordon Spinks, father of John Spinks, by Cynthia and Max Weinstein.
Congratulations to Mr. and Mrs. Herbert Zagerman on the birth of their granddaughter by Cynthia and Max Weinstein.

JENNIE AND MORRIS BAYLIN MEMORIAL FUND
In memory of Mary Klamman by Betty Baylin and Harold Cohen.

RUTH AND GERALD BERGER FAMILY FUND
Congratulations to Dr. Eli Rabin on his elevation to the Senate by Ruth and Gerald Berger.
Best wishes to Paul Yanover, Wiltondale, Ontario, on his special birthday by Ruth and Gerald Berger.
In memory of Mary Klamman by Ruth and Gerald Berger.
In memory of Marvin Geiber, Toronto, by Ruth and Gerald Berger.

RACHEL AND MOSES BESSIN MEMORIAL FUND
In observance of the Yartzheit of a beloved father and grandfather, Moshe Yitchok Bessin 9 Tishrei by Ethyle Kapeller and

Hannah and Paul Sibeth.
Best wishes for a speedy recovery to Paul Sibeth by Mom (Ethyle) Kapeller.

ALEX AND MOLLIE BETCHERMAN MEMORIAL FUND
Best wishes for a happy birthday to Mrs. Joy Rosenstein, Toronto, by Frances Rodrigues-Ely.

RONALD BODNOFF MEMORIAL FUND
Best wishes for continued good health to Mrs. Syrilie Snow by Doris Toronto.

JACOB AND BERTHA BOOKMAN MEMORIAL FUND
In memory of Dr. Harold Rosen, Hampstead, Quebec, by Millie and Percy Weinstein.

TOM AND MIRIAM BORDELEY MEMORIAL FUND
Mazal Tov to Shirley and Issie Kerdish on the birth of their granddaughter Yael Miriam by Shirley and Snier Berman and family.

REBECCA AND MAURICE BROVENDER MEMORIAL FUND
In appreciation to Joseph Marmor St. Foy, Quebec, by Dorothy Lieff and Shirley Barron.
In memory of Ethel Addelman by Dorothy and Max Lieff.

CARLOFSKY FAMILY EDUCATIONAL FUND
Best wishes for a speedy recovery to Goldie Levine by the Carlofsky Family.
Wishing David Zelikovitz a r'fuah sh'lemah by the Carlofsky Family.
Wishing Jack Aaron a r'fuah sh'lemah by the Carlofsky Family.
Congratulations to Anita and Herb Saslove on their 40th wedding anniversary by Abe Carlofsky.

SARAH AND JACK COGAN FAMILY FUND
Mazal Tov to Dr. and Mrs. Harold Sachs on the forthcoming Bar Mitzvah on their son Matthew by Linda and Arthur Cogan.
Mazal Tov to Abe Engel on being appointed Director of State of Israel Bonds, Ottawa office, by Linda, Archie, Lisa and Jayme Cogan.
Mazal Tov to Audrey and Irwin Kreisman on the birth of their daughter Arielle Beth by Linda and Arthur Cogan.
Mazal Tov to Simone and Arneil Goldberg on the forthcoming marriage of their

daughter Eden to Mark Sussman by Linda and Arthur Cogan.

Mazal Tov to Ruth Freiman on her appointment to the Board of Directors of the National Gallery of Canada by Linda and Arthur Cogan.
Best wishes for a r'fuah sh'lemah to Ruth Sadava by Linda, Archie, Lisa and Jayme Cogan.

MAX AND GRETE COHEN FUND
In memory of Susan, sister of Jim McDonald, California, by Barbara and Sid Cohen.
In memory of Mary Klamman by Barbara and Sid Cohen.

HARRY AND JEAN COOPER FUND
Best wishes to Mr. and Mrs. Ben Achbar on their anniversary by Jean, Helen and Jack Cooper.

ABRAHAM AND FANNY DOBROW MEMORIAL FUND
In memory of our dear parents Abraham and Fanny Dobrow by Miriam and Louis Goldstein and family.
In observance of the Yartzheit of a beloved father-in-law Abraham Dobrow by Gustave Solman.

JOSEPH AND JEAN DOVER FUND
Wishing Jack Aaron a speedy recovery by Mrs. Jean Dover, Mavis and Gerry.

JOSEPH AND ESTHER EISENSTADT MEMORIAL FUND
Best wishes to Fern Eisenstadt on her birthday by Barry Eisenstadt and family.
Mazal Tov to Mr. and Mrs. Isaac Belles on their 60th wedding anniversary by Barry Eisenstadt and family.
Best wishes to Mr. and Mrs. Stan Glube on their 50th wedding anniversary by Barry Eisenstadt and family.

KATIE ELLEN FARBER MEMORIAL FUND
Mazal Tov to Jack and Susan Feldberg on the engagement of their son Sam to Lisa Millstone by Helen and Chaim Gilboa and family.
Congratulations to Sam Taller on his special birthday by Izzy Farber and family.
In memory of Clyde Cogan, Toronto, by Ruth and Mendy Taller.
In memory of Mary Klamman by Ruth and Mendy Taller.

BENJAMIN AND FREDA FEINSTEIN FUND
Mazal Tov to Ethel and Bernard Rosenblatt on their 25th wedding anniversary by Pearl and David Moskovic.

JOSEPH AND BETTY FELLER FUND
Mazal Tov to Carole and Norman Zagerman on the engagement of Andrea to Jamie Melamed by Betty and Joseph Feller.
Mazal Tov to Sonia and Arthur Viner on the birth of their great-grandson Cody Rosen, Kingston by Betty and Joseph Feller.
Mazal Tov to Corinne and Herb Zagerman on the birth of their granddaughter by Betty and Joseph Feller.

HARRY FINE MEMORIAL FUND
In honour of David Fine on his special birthday by Chick and Rose Taylor; and by Sarah and Hugh Shabsove.

FLORENCE FAMILY MEMORIAL FUND
In observance of the Yartzheit of our Uncle Harry Florence by A.L., Ann and Leanne Smith.
In observance of the Yartzheit of my brother Harry by Frank Florence.

STAN AND LIBBY GLUBE FUND
In memory of Freda Friedman, mother of Alfred Friedman, by Vera and Malcolm Glube.
Best wishes to Max Gottlieb, Toronto, by Sylvia and Myer Goldin, Chomedey, Laval; and by Beverly, Bryan, Alison and Robbie Glube.

ARNELL AND SIMONE GOLDBERG FUND
In memory of Simone Goldberg and Avril Bright's aunt Zena Levitan, by Edie and Issie Landau; by Sylvia and Irving Shier; and by Zelaine and Sol Shinder.

GEORGE AND MARY GOLDBERG FUND
In memory of Mary Klamman by Mary Goldberg and family.

SAUL AND EDNA GOLDFARB FUND
Mazal Tov to Chick and Rose Taylor on the engagement of their daughter Mona to Ari Zaretsky by Saul and Edna Goldfarb.

HARRY AND MALCA GOLDSTEIN FUND
Happiest Mazal Tov to Mr. and Mrs. Harry Goldstein on their 45th wedding anniversary by Inge and Al Hoffman; and

by Adele, Jeff, David and Rachel Sidney.

JACK AND GERT GOLDSTEIN FUND
Birthday wishes to Gert Goldstein by Rose and Chick Taylor.

LOUIS AND MIRIAM GOLDSTEIN FUND
In honour of Malca and Harry Goldstein on their 45th wedding anniversary by Miriam and Louis Goldstein and family.

JACOB AND SARAH GORDON FUND
Congratulations to Mr. and Mrs. Martin Marcus on the marriage of their son Stephen to Helene by David Gordon.

GREENBERG, HUTT, KONICK FUND
Best wishes for a r'fuah sh'lemah to Mrs. Rose Konick by Bella and Harry Leikin; and by Thelma Steinman.
Wishing Aunt Rose Konick a r'fuah sh'lemah by Sheila Smith and Walter Saltzberg, Winnipeg.
Many thanks to Cynthia and Max Weinstein and family by Sheila Smith, Winnipeg.
New Year wishes to The Zevy family and Mazal Tov on the marriage of their daughter Danielle by Sheila Smith and Grant.

BARBARA AND SYDNEY GREENBERG FUND
Mazal Tov to Mr. and Mrs. Ian Borer on the birth of their

(Continued next page)

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Members of the Hulse, Playfair and McGarry staff play an integral part in this community, reflecting not only the Ottawa ownership of this organization but a concern for the individual and the community. Several members of our staff are actively involved in many of Ottawa's service agencies, helping to build a better Ottawa.

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(Continued from page 25)
son Noah by Lise and Mark Thaw.

LAURA AND MILTON GREENBERG FUND
Mazal Tov to Sarah and Arnie Swedler on their son Harley's outstanding achievements in Architecture by Doreen and Ariel Arnoni; and by Laura Greenberg.
In memory of Mary Klamman by Laura Greenberg.
In memory of Morris Kofsky by Laura Greenberg.
Best wishes to Dr. Mark Greenberg for much success in his practice of Family Medicine by Sarah and Arnie Swedler.

NATHAN AND SARAH GREENBERG MEMORIAL FUND
Sincere best wishes for a speedy recovery to Aunt Eva Gertler by Gert and Sam Budovitch.

SAMUEL AND BESSIE GREENBERG FUND
Birthday wishes to Shira Taylor by Chick, Rose, Steven, Jeffrey, Mona and Allan Taylor.
In memory of Dina Spector, Willowdale, Ontario, by Dorothy and Ben Greenberg.

GROSSMAN KLEIN FAMILIES FUND
By Tom Grossman:
Congratulations to Bob and Tanya Vergette on the birth of their grandson.
Congratulations to Mr. and Mrs. Eliseo Temprano on the birth and baptismal of their son.
Congratulations to Len Potechin on taking over as Chairman of Ottawa Carleton Economic Development Corporation.
Mazal Tov to Dena and Herb Gosewich on the marriage of their daughter Vicki.
Mazal Tov to Pearl and David Moskovic on the marriage of their son to Joy Eskin.
Congratulations to Mr. Irving Greenberg on being selected to receive honorary fellowship from the Technion-Israel Institute of Technology.
Congratulations to Mr. Ed Vickar — Negev Dinner Honoree — Jewish National Fund — Winnipeg.
In memory of Theodore Jacobson's mother.
In memory of Russ Taylor's mother.
In memory of Charles O'Conner — former Director of Systemhouse.
In memory of Bob Byers, Owen Sound.
In memory of Arnold Slover.
In memory of Harry Hecht.
In memory of Hyman Lithwick.
In memory of Muriel Levine.
In memory of Charles Edward Hyward.
In memory of Elliott Levitan.
In memory of Rose Levitan.
In memory of Sarah Toronto Rubin.
In memory of Irwin Waldman, Winnipeg.
In memory of Samuel Greenberg.
In memory of Samuel J. Eisenberg.
In memory of Tibor Fenyo, Florida.
In memory of Esther Calof, Winnipeg, mother of Hy Calof.
In memory of Rose Lebovic.
In memory of Rose Rapaport, California (sister of Harry and Louis Goldstein).

SIMA AND BENJAMIN GUBLER MEMORIAL FUND
In honour of the Yartzheit of my beloved parents Sima and Benjamin Gubler by Beatrice Sarden Abraham, Toronto.

HILLEL ACADEMY ENDOWMENT FUND
In memory of Harvey Nadler by the Elie Kassim Family.
In memory of Mary Klaiman by Barry Appel.
Mazal Tov to Matthew Ritter and family on his Bar Mitzvah by Ketty and Morris Samel.

HILLEL LODGE ENDOWMENT FUND
In observance of the Yartzheit of our beloved father Oscar Peligorsky by Minnie and Sam Peligorsky.
Wishing Jack Aaron a r'fuah sh'lemah by Sadie and Jack Silverman.
In memory of Mary Klamman by Sadie and Jack Silverman.

DOROTHY AND HY HYMES FUND
Best wishes to Minnie and Saul Cohen, Toronto, on their 50th wedding anniversary by Dorothy and Hy Hymes.

JEWISH COMMUNITY CENTRE YOUTH SERVICES FUND
Speedy recovery to Rose (David) Fine by Ralph, Carol, Jenn and Joey Kassie.
In memory of Harvey Nadler by Ginnie and Ron Boro; and by the Board and the Staff of the J.C.C.

JEREMY KANTER MEMORIAL FUND
Best wishes to Gordon Viner on his special birthday by Evelyn and Lou Eisenberg.

SAMUEL AND TILLIE KARDISH FUND
Best wishes to Joe and Doris Hoffman, Perth, Ontario, on their anniversary by Len and Mary Potechin and family.
Birthday wishes to Doris Hoffman, Perth, Ontario, by Mary and Len Potechin and family.
Mazal Tov to Issie and Shirley Kardish on the birth of their granddaughter by Len and Mary Potechin.
Best wishes to Mr. and Mrs. Eli Hoffman, Perth, Ontario, on their anniversary by Doris and Joe Hoffman.

ARTHUR AND SARAH KIMMEL MEMORIAL FUND
Best wishes to Ingrid and Sam Shapiro on their special birthdays by Isabel and Norman Lesh.
Wishing Bess and Casey Swedlove best wishes for a very happy and healthy New Year by Isabel and Norman Lesh.
In memory of Ethel Addelman by Marilyn and Dan Kimmel.
Wishing Jack Aaron a r'fuah sh'lemah by Marilyn and Dan Kimmel.

NORMAN AND SONIA KIZELL FOUNDATION
In observance of the Yartzheit of Norman Kizell, a dear father and grandfather, 12 Cheshvan, by Jerry, Rachel Jed and Liza Schneiderman.

KOFFMAN FAMILY ENDOWMENT FUND
Congratulations to Anita and Herb Saslove on their 40th wedding anniversary by Anne and

Al Bloom; and by Doris Koffman.
In memory of Mary Klamman by Anne and Al Bloom; by Doris Koffman; and by Margaret and Joe Koffman.
Wishing Jack Aaron a r'fuah sh'lemah by Anne and Al Bloom.

DR. JOSEPH AND GRACE KOREEN FUND
In observance of the 1st Yartzheit of my mother Grace Greenberg Koreen by Amy Koreen.

GERTRUDE (PLEET) KOTLARSKY MEMORIAL FUND
In observance of the Yartzheit of a dear brother and uncle Ben Cutler, Winnipeg, by Harry, Carol and John Kotlarsky.
In memory of Ethel Addelman by Harry Kotlarsky.
In memory of Abe Hanser by Jack Handel and Harry Kotlarsky.

JACOB AND ROSE LANDAU MEMORIAL FUND
With appreciation to Jerrold Landau by Rose and Mona Taylor.
Wishing Miriam Walfish,
(Continued next page)

In Appreciation

Sincere thanks to friends and family for your sympathy, support and generosity to charitable organizations in memory of Israel Krantzberg, a loving husband, father and brother. Your kindness is greatly appreciated.

Frances Fagin Krantzberg and family

The Family of the late

Reuben Palef

mourns his sudden passing October 5, 1990

He was a dear husband, brother, brother-in-law and uncle.

Reuben Palef was the son of the late Bernard and Fannie Palef of Ottawa. He was predeceased by his beloved wife Lilian, his brothers, Samuel and Harry and sisters Ethel (Lerner) of London, Ontario and Rose, of Ottawa.

He is survived by his sister Bess (wife of the late Dr. Charles Spiro) his brothers Charles and sister-in-law Bernice, Lawrence and sister-in-law Beverly of Toronto and sister-in-law Zelma (Mrs. Samuel Palef). He was a loved uncle to many nephews and nieces and will be deeply missed.

Sincere thanks to friends and relatives for their many kindnesses, and donations to charitable organizations in his memory.

Abe and Cynthia Engel Endowment Fund Established

On the occasion of Abe Engel's 50th birthday, his friends — Ricki and Barry Baker, Cayla and Michael Baylin, Rhoda and George Caplan, Tracey and Bob Horlick, Beverly and Irving Swedko, Gail and Stephen Victor, and Stephen Zbar — have initiated the Abe and Cynthia Engel Endowment Fund.

The fund will be open-ended and family and friends may add to it at any time. The capital will be invested in perpetuity and only the income distributed each year to worthy causes in the Jewish community.

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(Continued from page 26)

Downsview, Ontario, a r'fuah sh'lemah by Jerrold Landau. Best wishes to a special friend Sylvia Shier on her birthday by Jean and Max Naemark.

MAYER AND ROSE LANDAU MEMORIAL FUND

In observance of the Yartzheit of our beloved parents Rose and Mayer Landau by Nancy and Morris Segal, Oshawa, Ontario.

In observance of the Yartzheit of our beloved sister Doris Loebl by Nancy and Morris Segal, Oshawa, Ontario.

In observance of the Yartzheit of our beloved nephew Jay Bryan Taller by Nancy and Morris Segal, Oshawa, Ontario.

JOSEPH AND EVELYN LIEFF FUND

Mazal Tov to Andrea and Ian Borer on the birth of their son by Francine and Norman Lieff.

ETHYL AND MANNY LIGHTSTONE FUND
Happy birthday to Gert Goldstein by Ethyl and Manny Lightstone.

IDA AND SIDNEY LITHWICK FUND

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Ida and Sid Lithwick.
In memory of Reuben Paley by Ida and Sid Lithwick.

EDGAR AND GERTRUDE MARKS FUND

Best wishes to Mr. and Mrs. Norman Ross, Willowdale, Ontario, on their 59th wedding anniversary by Gert Marks.

CLAIRE AND THEODORE (TED) METRICK FUND
Congratulations to Fred Metrick on being named "Retailer of the Year" by Sarah and Lionel Metrick.

DAVE, LOUIS AND LAZ MIRSKY FUND

With sincerest wishes to Mrs. Marion Mayman and family on the loss of a father and grandfather by Goldie and Elliot Moraff.

ABRAM AND EDITH MOLOT MEMORIAL FUND

Mazal Tov to Mr. and Mrs. Murray Lieberman, Willowdale, Ontario, on the birth of their grandson by Toby, Freda and Barry Appel.

JACK AND HONEY MONSON FUND

In memory of Dr. Gordon Spinks by Sally Taller; and by Honey Monson.

Best wishes to Sam Taller on his special birthday by Sally Taller.

Mazal Tov to Max Zelikovitz on his 80th birthday by Dodie and Bram Potechin, Micah, Daniel and Noah.

MAX AND IDA NADOLNY MEMORIAL FUND

In memory of Myer Drew by Dorothy and Herb Nadolny; and by Rachel and Max Nadolny, Willowdale, Ontario.

JEAN AND MAX

NAEMARK FAMILY FUND
Wishing Mr. and Mrs. Harry Torontowa a happy and healthy New Year by Jean and Max Naemark and family.
Wishing Mrs. Anne Dover a

happy and healthy New Year by Jean and Max Naemark and family.

Congratulations to Leah Torontow on receiving the Volunteer Service Award by Jean and Max Naemark and family.

HAROLD AND YETTA PEARL MEMORIAL FUND

Congratulations to Myra and Gordon Allie on their 25th wedding anniversary by Carol Pearl and family.

BENJAMIN AND BESSIE POLOWIN MEMORIAL FUND

In observance of the Yartzheit of my beloved father Berel Polowin by Ann Polowin.

DAVE AND BETTY POLOWIN FUND

Mazal Tov to Simon Blum, England, on his graduation as a Chartered Accountant by Aunt Betty and Uncle Dave Polowin.

Mazal Tov to Mr. and Mrs. Max Cook, England, on their grandson Simon's graduation as a Chartered Accountant by Betty and Dave Polowin.

In observance of the Yartzheit of our father Beryl Polowin by Betty and Dave Polowin.

NORMAN AND EVELYN POTECHIN FUND

With best wishes to Max Zelikovitz on his special birthday by Evelyn and Norman Potechin.

In memory of Dr. Gordon W. Spinks, father of John Spinks, by Evelyn and Norman Potechin.

MYRA AND MORRIS PRESSER FUND

Best wishes for a speedy recovery to Suzanne Campeau by Myra and Morris Presser.
Best wishes to David Gavie on his special birthday by Myra and Morris Presser.

Mazal Tov to Harry and Rose-Anne Prizant on the birth of their son Joshua by Myra and Morris Presser.

Best wishes to Myra and Morris Presser for a happy and healthy New Year by Eileen and Ben Goldberg.

JACOB AND LEAH RIVERS MEMORIAL FUND

Wishing Mrs. Aila Levitz, Natick, Mass., a r'fuah sh'lemah by Goldie and Albert Rivers.

ISADORE AND ROSSIE ROSE FUND

Best wishes for much success on the opening of his restaurant to Stanley Devine by Rossie and Issie Rose.

SAMUEL AND RUTH ROTHMAN MEMORIAL FUND

Mazal Tov to Sam Taller on his special birthday by Sue and Stephen Rothman and family.

RICKIE AND MARTIN SASLOVE FAMILY FUND

Wishing Mr. Larry Hart, Willowdale, Ontario, a full and speedy recovery by Rickie and Marty Saslove.

In memory of the mother of Rose Linda Hart, Downsview, Ontario, by Rickie and Marty Saslove.

In memory of Harry Tanzer by Rickie and Marty Saslove.
In memory of Mrs. Wels by Freda Hart.

Mazal Tov to Suzanne and George Gordon, Florida, on

the marriage of their son Steve by Rickie and Marty Saslove.

Best wishes to Larry Hart, Willowdale, for a speedy recovery by Sarah and Arnie Swedler.

SAMUEL AND LILLIAN SASLOVE FUND

In memory of Tammy Waitman, Toronto, sister of Harvey Goodman, Thornhill, Ontario, by Lil Saslove; and by Dorothy and Maurice Karp and family.

In observance of the Yartzheit of our beloved father, Abraham Marcovitch, 18 Chashvan, by Lil Saslove and Rose Marcovitch.

Mazal Tov to Rose and Chick Taylor on the engagement of their daughter Mona to Ari Zaretsky by Lil Saslove.

Congratulations to Pat and Martin Marcus on the engagement of their son by Aunt Lil Saslove.

Best wishes to Rose and Morris Simon on their special anniversary by Lil Saslove.

HARRY AND FRANCES SAXE FUND

Love and best wishes to Mr. and Mrs. Norman Zagerman on their special anniversary by Mom and Dad Saxe.

MAURICE AND GOLDIE SHABINSKY MEMORIAL FUND

Mazal Tov to Andrea and Ian Borer on the birth of their son Noah by Carol and Laurie Pascoe.

HAROLD SHAFFER MEMORIAL FUND

In memory of: Israel Krantzberg by Frances Shaffer.
In honour of Frances Shaffer's 80th birthday by Meryl and Arthur Cole.

HARRY AND SYLVIA SHINDER MEMORIAL FUND

In memory of Rudy Mosion by Bea and Murray Garceau.

LINDA SILVERMAN MEMORIAL FUND

Best wishes to Molly Silverman on her 90th birthday by Eileen and Arthur Levine, Halifax; by the Pearl Family; by Fran Pearlman; by Sally and Elliott Levitan; by Joan and Henry Bloom; by Shirley, Stan and Lewis Eidinger; by Dorothy and Hy Hymes; and by Karen Eidinger and Allan Weinbaum.

LOUIS SLACK MEMORIAL FUND

In memory of Muncie Zaid's brother Alex by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

Wishing Elaine Cole, Willowdale, Ontario, continued good health by Myra, Lester, Jennifer, Donna, Gregory and Jordan Aronson.

In honour of Clara Slack on her special birthday by Joy, Seymour, Jessica and David Mender.

MOE AND CHARLOTTE SLACK FUND

In memory of Clyde Cogan, Toronto, by the Kerzner Family; by Nell and Fred Schlessinger and family; and by Roz, Marvin and Jordana Segal.

SOVIET JEWRY ENDOWMENT FUND

In memory of Julius Morein by Miriam and Victor Rabinovich.

In memory of Harold Singer, Ville St. Laurent, Quebec, by

Sherri and Jack Torjman.

In memory of Harvey Nadler by Sherri and Jack Torjman.

CASEY AND BESS SWEDLOVE FUND

Best wishes to Casey Swedlove on his birthday by Iris and Frank Loves.

Best wishes to Bess and Casey Swedlove on their special anniversary by Fern and Ed Cohen.

JOSEPH AND IRENE SWEDLOVE FUND

Wishing Rose Fine (David) continued good health by Irene Swedlove.

Best wishes to Rose Konick for a speedy recovery by Irene Swedlove.

ARCHIE AND LILLIAN TALLER FUND

In memory of Norman Taller by Faye and Julius Goldberg.

JAY B. TALLER MEMORIAL FUND

In memory of Norman Taller by Anne and Henry Steinberg, California.

CLAIRE AND SAM TANNER MEMORIAL FUND

Happy special birthday wishes to Gordon Viner by Lana, Stephen, Jason and Adam Tanner.

Best wishes to Doris and Joe Hoffman, Perth, Ontario, on their anniversary by Sandra, Eli and Aaron Hoffman, Perth, Ontario.

Best wishes to Doris Hoffman, Perth, Ontario, on her birthday, by Sandra, Eli and Aaron Hoffman, Perth, Ontario.

SONIA AND ARTHUR VINER FUND

Mazal Tov to Regina and Irving Rosen and family, Kingston, Ontario, on the birth of a grandson by Sonia and Arthur Viner; and by Gladys, John and Melissa Greenberg.

Mazal Tov to Elaine and Wally Viner, Kingston, Ontario, on the birth of a grandson by Mom, Sonia and Dad Arthur Viner, and by Aunt Dora and Uncle Sam Schaeffer.

Congratulations to Marla Beth and Greg Rosen, Kingston, Ontario, on the birth of their son by Bubby Sonia and Zaidie Arthur Viner; by Gladys, John and Melissa Greenberg; and by Aunt Dora and Uncle Sam Schaeffer.

Mazal Tov to Mr. and Mrs. Arthur Viner on the birth of their great-grandson by Dora

and Sam Schaeffer; and by Gladys, John and Melissa Greenberg.

Mazal Tov to Mr. and Mrs. Walter Viner and family, Kingston, Ontario, on the birth of their second grandchild by Gladys, John and Melissa Greenberg.

Mazal Tov to Marilyn and Abe Nadrich on their marriage by John and Gladys Greenberg.

WASERMAN FAMILY MEMORIAL FUND

In observance of the Yartzheit of a dear mother, mother-in-law and grandmother, Edna Waserman by Barbara and Nathan Bregman, Michael and Melanie.

JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

Mazal Tov to Carole and Norman Zagerman on the engagement of Andrea to Jamie Melamed by Yetta and Larry Arron.

Mazal Tov to Daphne and Stanley Arron on the engagement of Andrea to Jamie Melamed by Yetta and Larry Arron.

Mazal Tov to Mr. and Mrs. David Molot on the birth of their granddaughter by Yetta and Larry Arron.

HYMIE WHITZMAN MEMORIAL FUND

Best wishes to Mrs. Ada Fritz on her 80th birthday by Judie, Fred, David and Dean Ross.

MORRIS AND MARIETTE WOOLFSON FUND

In memory of Sidney Mintz, Vancouver, B.C. by Mariette and Morris Woolfson.

Wishing Mrs. M. Ryant a speedy recovery by Mariette and Morris Woolfson.

HERBERT AND NORMAN ZAGERMAN FAMILIES FUND

Congratulations to Mr. and Mrs. Norman Zagerman on the engagement of Andrea to Jamie Melamed by Esther and Ron Watts.

NATHAN, DAVID AND MAX ZELIKOVITZ FAMILIES FUND

Best wishes for a speedy recovery to David Zelikovitz by Bea and Abe Dubinsky; and by Dorothy and Herb Nadolny.

SANDRA AND SAM ZUNDER FUND

In memory of Eric Hehner by Sam Zunder.

Contributions may be made by phoning Howard Goldberg at 232-7306, Monday to Friday 10-4.

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Community Calendar

The following information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations who would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Howard Goldberg, Calendar Co-ordinator at 232-7306 between 10 a.m. and 4 p.m. Accurate details must be provided on the Community Calendar Organization Forms sent to every communal organization.

Friday, November 2
Agudath Israel Synagogue Dinner & Lecture, Speaker: Dr. Dorit Ravid, 1400 Coldrey Ave., 5:30 p.m.

Sunday, November 4
Hillel Lodge Autumn Tea, 125 Wurttemberg St., 2:00 p.m.-4:00 p.m.
Jewish Community Centre Sunday Club, JCC, 151 Chapel St., 2:30 p.m.-5:00 p.m.

Monday, November 5
Golden Age Club Mini Lunch, Bingo, Assembly Hall JCC, 151 Chapel St., 12:30 p.m.
United Jewish Appeal Women's Division Telethon, JCC, 151 Chapel St., 6:00 p.m.

Tuesday, November 6
Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.
Jewish Community Centre Israeli Folk Dancing, Gym, 881 Broadview Ave., 7:00 p.m.

Saturday, November 10
Jewish Community Centre Arts Alive, 151 Chapel St., 6:45 p.m.

Sunday, November 11
Jewish Community Centre Arts Alive, 151 Chapel St., 9:00 a.m.-4:30 p.m. and 7:30 p.m.-10:00 p.m.

Monday, November 12
Jewish Community Centre Arts Alive Book Fair, Gym JCC, 151 Chapel St., 9:30 a.m.-1:00 p.m.
Golden Age Club, Speaker: Chevy Chase, "My Time in Israel" — a woman's perspective, Assembly Hall JCC, 151 Chapel St., 1:00 p.m.

Tuesday, November 13
Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.

Chavurat Chapter of ORT, Speaker: Peter Cochrane — Food Critic, Media Personality, and Chef Extraordinaire, Silver Salver, 3-A Fairmount Ave. (off Wellington, near Grace Hospital), 8:00 p.m.

Jewish Community Centre Israeli Folk Dancing, Gym, 881 Broadview Ave., 7:00 p.m.
B'nai Brith Coordinating Committee Meeting, B'nai Brith Board Room JCC, 151 Chapel St., 7:30 p.m.

Wednesday, November 14
National Council of Jewish Women Israeli Brunch, Home of Dorothy Nadolny, 3645 Revelstoke Dr., 11:30 a.m.-2:00 p.m.

Thursday, November 15
Jewish Community Centre Adults for Lively Leisure Luncheon, "The Sign Issue in Quebec, a Hot Controversy," Speaker: Peter Van Dusen (CBC TV), 1400 Coldrey Ave., 12:30 p.m.

Saturday, November 17
Temple Israel Brotherhood Annual Charity Celebrity Auction, 1301 Prince of Wales Dr., 7:00 p.m.

Sunday, November 18
Jewish Community Centre Sunday Club, JCC, 151 Chapel St., 2:30 p.m.-5:00 p.m.

Monday, November 19
Golden Age Club Senior Citizen's Council Visits, Speaker: Beverly Grostern, JSSA; Paula Speevak-Sladowski, JCC, Assembly Hall JCC, 151 Chapel St., 1:00 p.m.

Agudath Israel Synagogue Lecture, "Engineering Life: Conflicts Between Jewish Ethics and Medical Progress?", 1400 Coldrey Ave., 7:45 p.m.

Tuesday, November 20
Jewish Community Centre Bet Chavura Drop-In Diner, Public Health Nurse Present, Social Hall JCC, 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge JCC, 151 Chapel St., 1:30 p.m.

Malca Pass Library Book Discussion Group, "From Beirut to Jerusalem," Agudath Israel Synagogue, 1400 Coldrey Ave., 8:00 p.m.

Jewish Community Centre Israeli Folk Dancing, Gym, 881 Broadview Ave., 7:00 p.m.

Next Bulletin Deadline
Wednesday, November 14
for November 30 issue



The late Hy Hochberg



Stephen Greenberg

Memorial lecture to open Arts Alive '90

The Fifth Annual Hy Hochberg Memorial Lecture, will feature film critic and television host Neal Gabler speaking on "How the Jews Invented Hollywood."

The lecture, which opens Arts Alive '90 will take place on Saturday evening, November 10, at 8:00 p.m. at the Jewish Community Centre, 151 Chapel St.

Stephen Greenberg is chairman of the 1990 lecture.

A native of Ottawa, Stephen Greenberg has warm memories of the extraordinary dedication to the Ottawa Jewish community of the late Hy Hochberg, executive vice-president of the Jewish Community Council who served the community for 39 years.

The son of Sibil Mirsky and the late Michael Greenberg, Stephen is a past president of the Jewish Community Council of Ottawa. He is a graduate of York University (B.A.) and the University of Western Ontario (M.B.A.) and is president of Osgoode Developments Limited, a major developer in Ottawa.

An active worker on behalf of U.J.A. since 1981, Mr. Greenberg and his wife Jocelyn participated in the 1984 Mission to Israel.

He has served in a number of

key positions in United Jewish Appeal campaigns, including that of deputy general chairman for the 1987 and 1988 campaigns and general chairman of the 1989 and 1990 campaigns.

He was chairman of the Young Leadership Development Program during 1983 and 1984 and has since then continued to maintain his ties with this important segment of the community.

In the general community, Stephen has played an active role in the Ottawa Boys and Girls Club and is presently the chairman of Fundraising and chairman of the Scholarship Committee. As well, he has participated in the Royal Ottawa Hospital fundraising drive.

The Greenbergs are the parents of three children, Michael, Jessica and Emma.

Refreshments will be served following Mr. Gabler's talk, when he will also mingle with the audience for informal discussion.

Admission is \$10.00 for adults and \$8.00 for students and seniors. Tickets are available at the Jewish Community Centre, 151 Chapel Street; all synagogues; and at 831 Broadview.

Shabbat Candlelighting

November 2 — 4:31 p.m.
November 9 — 4:22 p.m.
November 16 — 4:14 p.m.

Second Class Mail
Registration No. 4544

Condolences

Condolences are extended to the families of:
Wolffred Cohen
Max Farber
Abe Ginsberg
Moishe Myer Shaffer, Mtl. (father of Bluma Dieks)
Min Seal, Mtl. (sister of Rose Kostiner)
Norman Sirett
Solomon Zelikovitz
May their memories be a blessing.

Matt Ages will lay Remembrance Day wreath

Jewish War Veteran Matt Ages will represent the Ottawa Jewish Community at the Ottawa Remembrance Day ceremony at the Cenotaph on November 11. Mr. Ages will lay a wreath on behalf of the community at the solemn ceremony which begins at 11:00 a.m.

Dedicate Shabbat services to Ethiopian Jews

The weekend of November 16 and 17, will see this community's Third Annual Seg'd Shabbat Service of Solidarity with the Beta Yisrael Jews of Ethiopia.

Each year the 29th Heshvan is celebrated as a spiritual rededication by this ancient Jewish Community and the Shabbat closest to that date has been chosen as the Shabbat of commitment with our Jewish family in Ethiopia.

For many Ethiopian Jews, family reunification is still just a dream, since emigration to Israel has been slowed to a trickle.

Temple Israel will hold services on Friday night, November 16 at 8:15 p.m., 1301 Prince of Wales Drive. Other congregations will hold services on Saturday morning, November 17.

Further information will be available at Arts Alive or by contacting co-chairs Adrienne Paknadel-Powell at 727-0663 and Walter Hendelman at 235-9414.

Jewish Singles Registry

Announces a move to its new office at Machzikei Hadas Synagogue effective Dec. 1, 1990

J.S.R.

- *Has completed its first successful year in Ottawa
- *Represents a cross-section of the singles community
- *Networking with Montreal optional

Dating, Steady Relationships and 20 Marriages Reflect Our Success

Michael Shaffer — 745-5667

Free introductory visit

Shalom Ottawa

presents

Focus on Operation Exodus

- *Celebration of Freedom
- *Interview with former refusenik Judith Lurie
- *Interview with recently arrived Russian family the Siberbrants
- *Commentary by Vaad Executive Director Gerry Koffman.

Your Hosts: Marion Silver and Ed Fine

Cablevision Channel 22

Monday, November 12 — 10 a.m.

Tuesday, November 13 — 4:30 p.m.

Wednesday, November 14 — 11:30 a.m.